QUANTUM GRAVITY

Exploring Quantum Gravity: -Insights from String Theory and the Swampland-Towers of States & Black Holes, Emergence, Dark Dimension, String Amplitudes and much more

MAX-PLANCK-INSTITUT FÜR PHYSIK

MPP Project Review 2024

Dec 9th, 2024

STRING THEORY

- Alvaro Herraez (for the String Theory Group)

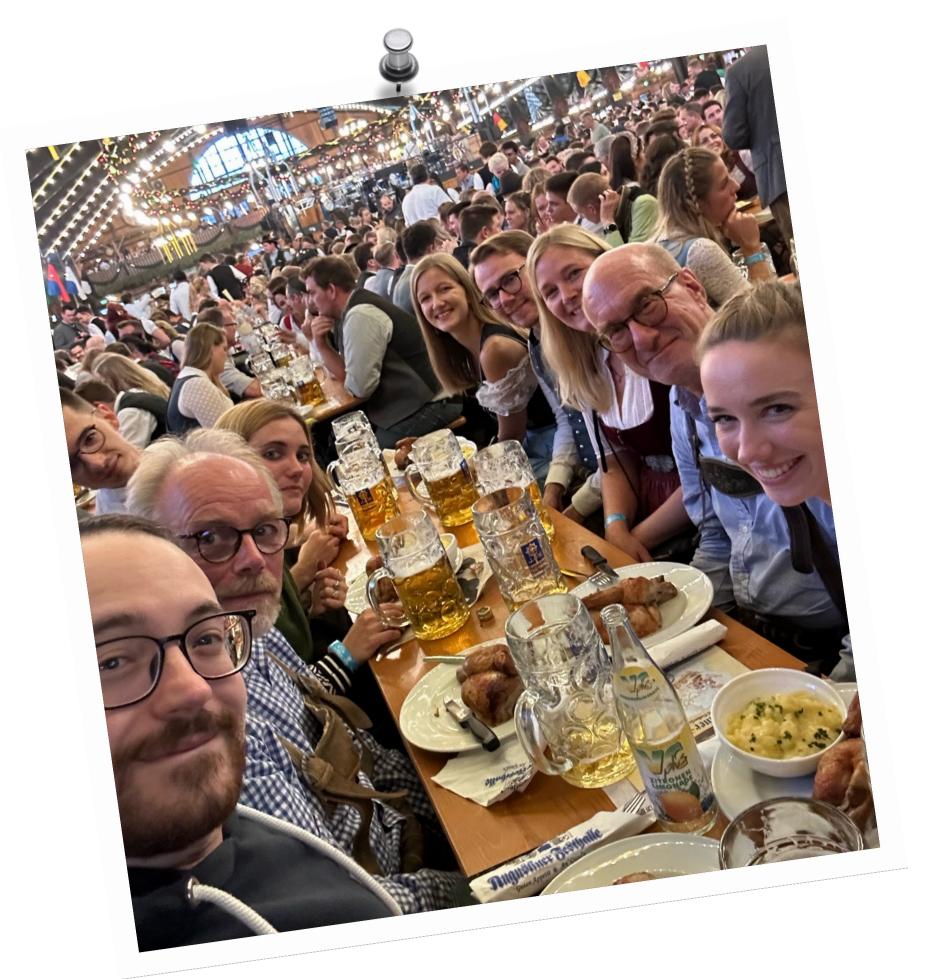






Who are we? Meet the String Theorists/Swamp Rangers

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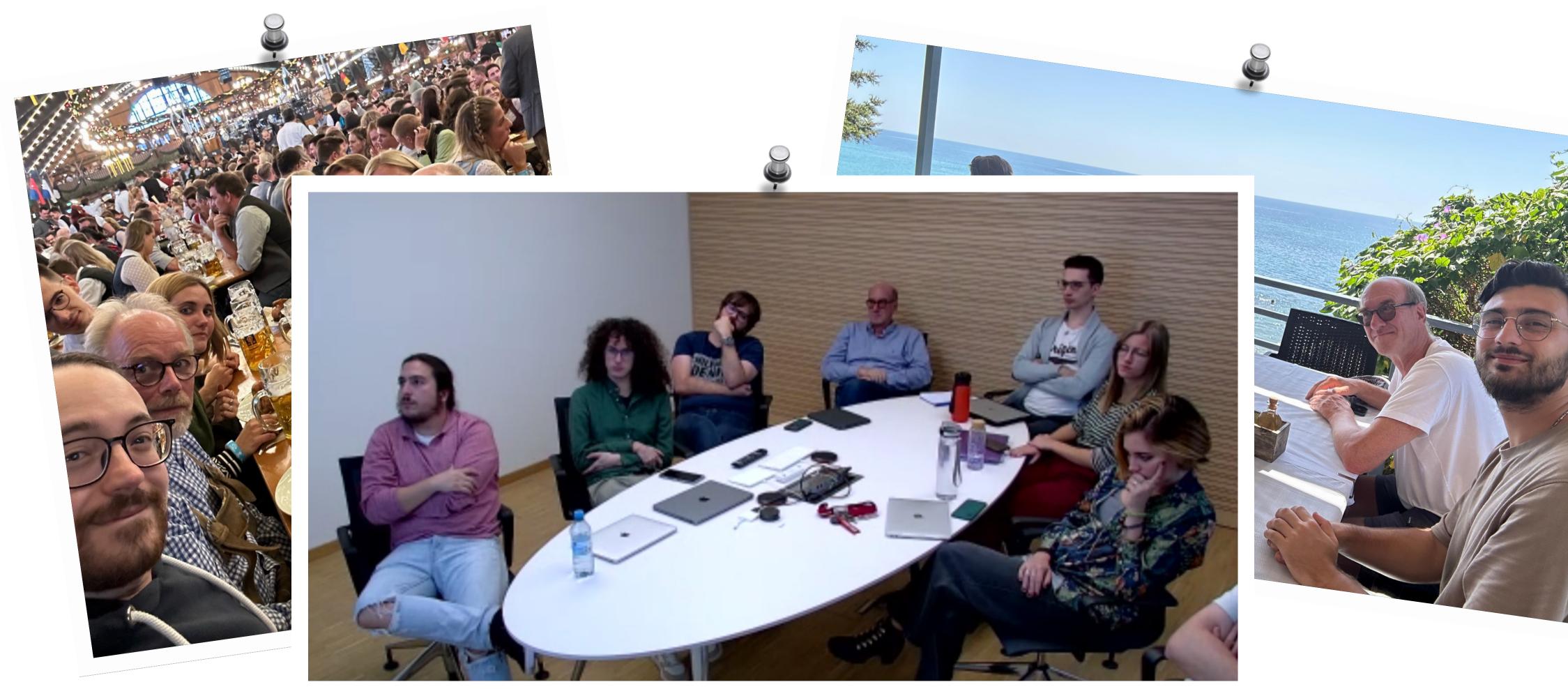
Who are we? Meet the String Theorists/Swamp Rangers





Who are we?

Meet the String Theorists/Swamp Rangers





Who are we?

Edoardo Anastasi, Miquel Aparici*, Manuel Artime*, Alessandro Borys, Xavier Kervin*, Hazem Riazi, Fotis Siammenos*, Giulia Tazzoli*

Leonardo Bersigotti*, Andreas Bischof, Aleksandar Gligovic, Christian Kneißl, Carmine Montella, Joaquín Masias, Antonia Paraskevopoulou, Thomas Raml, Georgina Staudt

> Ivano Basile, Nicolò Cribiori, Matilda Delgado*, Bernardo Fraiman*, Alvaro Herraez, Yixuan Li, Marco Scalisi, Matteo Zatti*

Ralph Blumenhagen

Students: <u>PhD</u> Students: Postdocs: <u>Heisenberg</u> Fellow: Scientists:

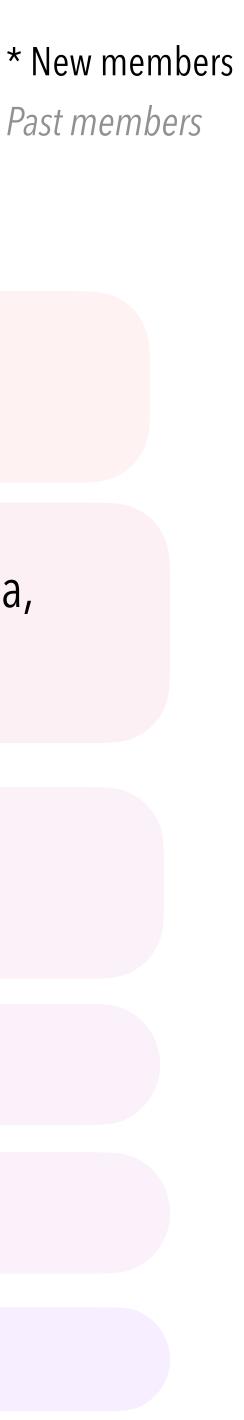
<u>Admin:</u>

Director: Dieter Lüst

Daniel Junghans*

Stephan Stieberger

Annette Sturm



What do we do?

A window into Quantum Gravity: Insights from String Theory and the Swampland



A window into Quantum Gravity: Insights from String Theory and the Swampland

<u>What do we do?</u> ——> Explore Quantum Gravity



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<u>What do we do?</u> ——— Explore Quantum Gravity

<u>Top-Down</u>: String Theory

Theoretical and Mathematical Physics

Ralph Blumenhagen Dieter Lüst Stefan Theisen

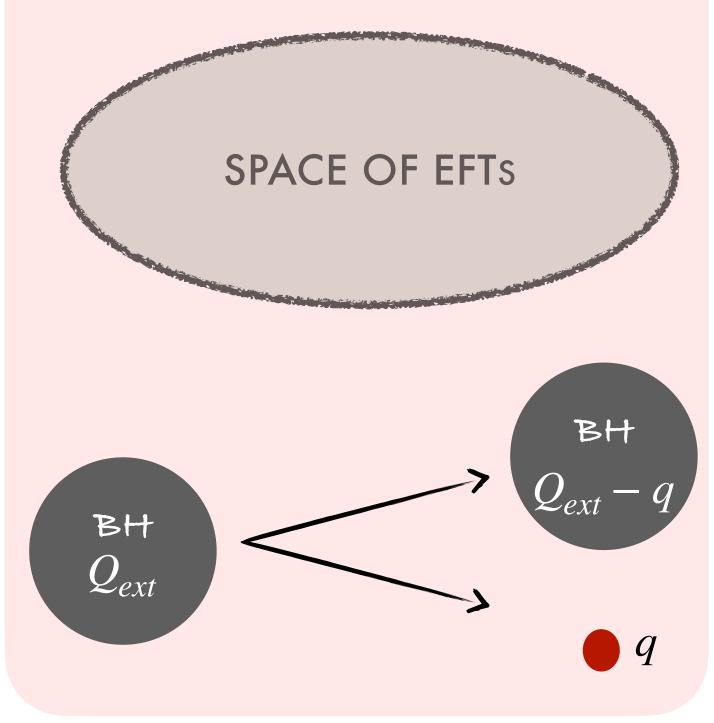
Basic Concepts of String Theory

Description Springer





Bottom-up: Unitarity/Causality, Black hole physics...



A window into Quantum Gravity: Insights from String Theory and the Swampland

<u>What do we do?</u> ——— Explore Quantum Gravity

<u>Top-Down</u>: String Theory

Theoretical and Mathematical Physics

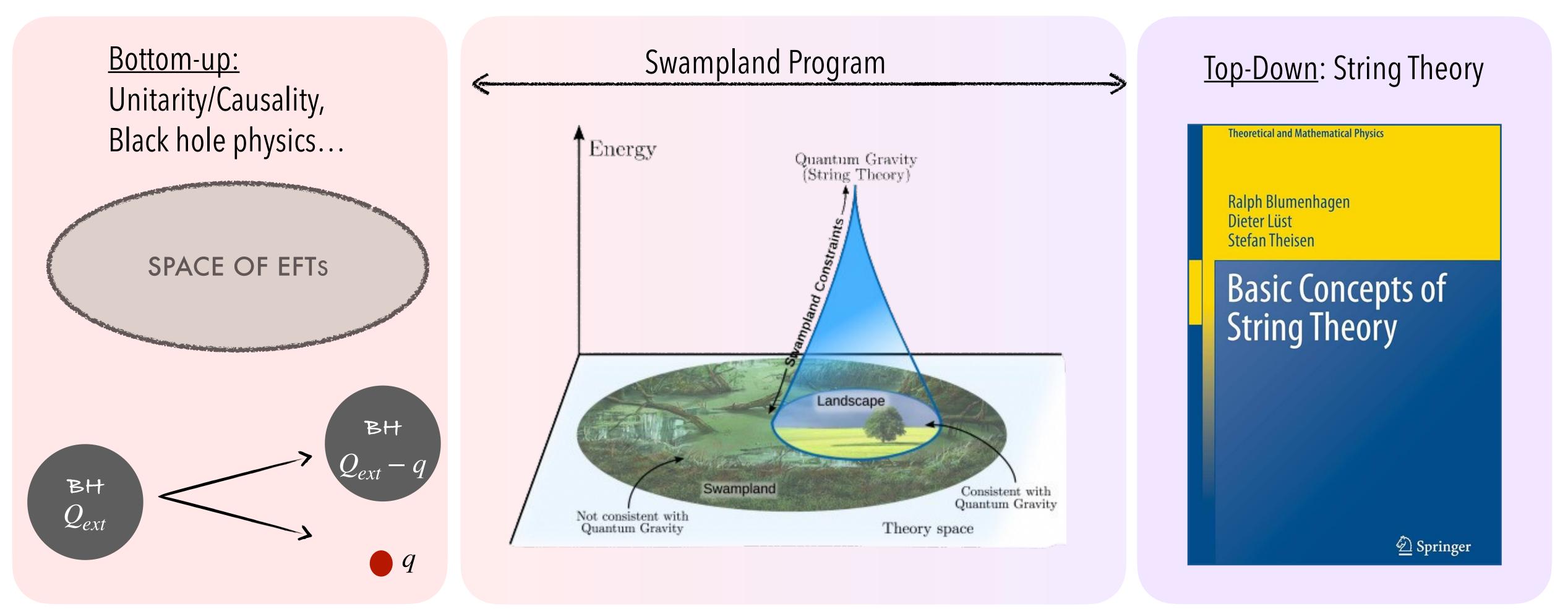
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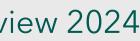






A window into Quantum Gravity: Insights from String Theory and the Swampland

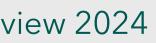
<u>What do we do?</u> ——> Explore Quantum Gravity



Not everything is allowed in Quantum Gravity ——> Constraints

A window into Quantum Gravity: Insights from String Theory and the Swampland





Not everything is allowed in Quantum Gravity ——> Constraints

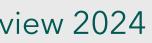
EFT rules in QG



A window into Quantum Gravity: Insights from String Theory and the Swampland







Not everything is allowed in Quantum Gravity —— Constraints

EFT rules in QG



(Unatural in EFT = Natural in QG)

A window into Quantum Gravity: Insights from String Theory and the Swampland



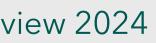
EFT expectations





The Swampland and Towers of Light States

A window into Quantum Gravity: Insights from String Theory and the Swampland



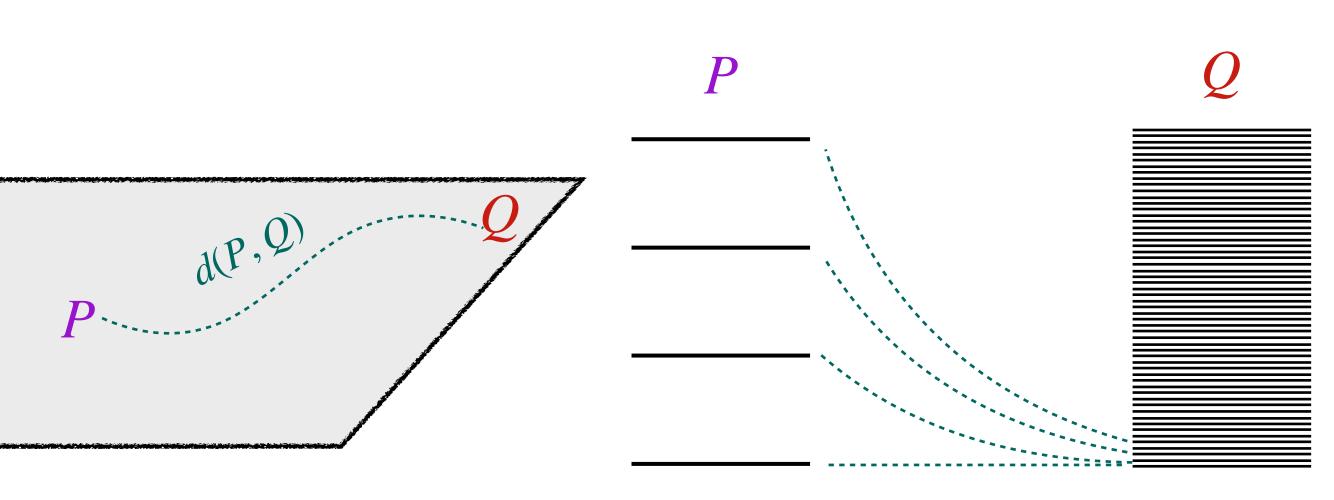
The Swampland and Towers of Light States

Distance Conjecture:

Infinite towers of states become light at extreme values of the parameters in gravitational EFTs.

[Ooguri, Vafa '06] [<u>Lüst</u>, Palti, Vafa '19]

Large distance (=Extreme parameters) = Towers of states



 $\rightarrow \phi_2$



A window into Quantum Gravity: Insights from String Theory and the Swampland

Distance Conjecture:

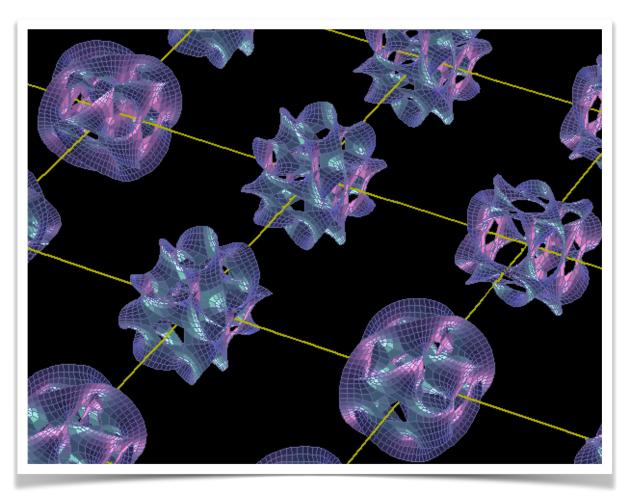
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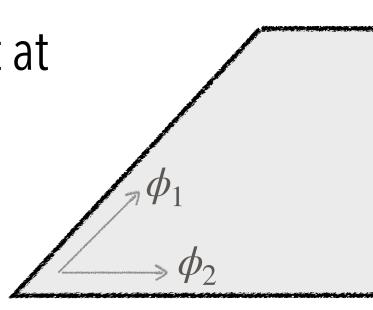
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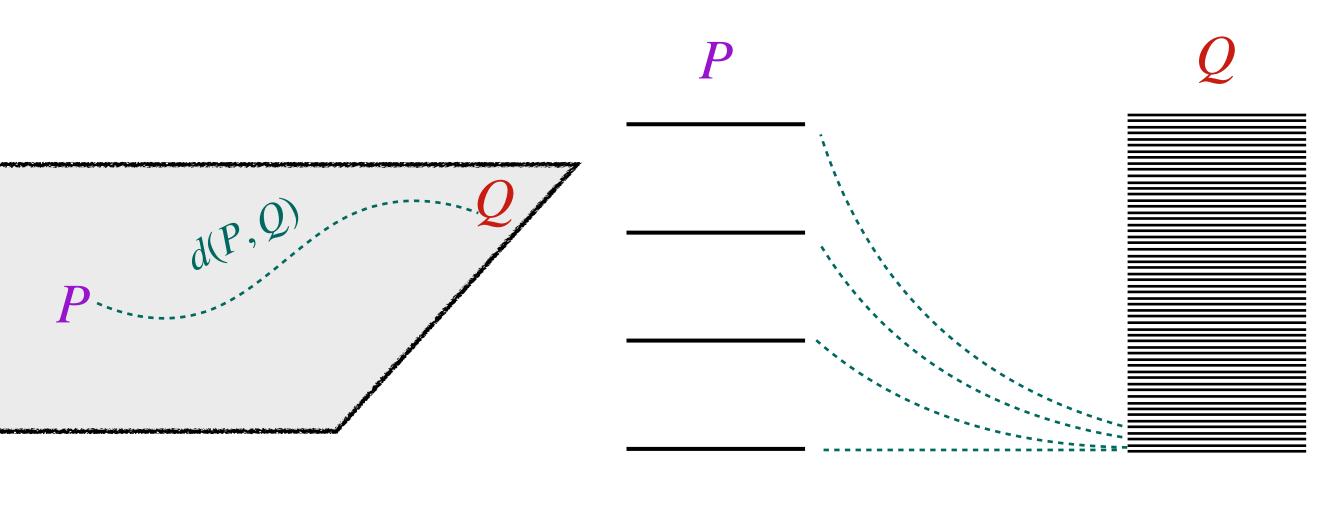
Emergent String Conjecture: Towers are either Kaluza-Klein (like) or excitations of a weakly coupled (critical) string

[Lee, Lerche, Weigand '19]

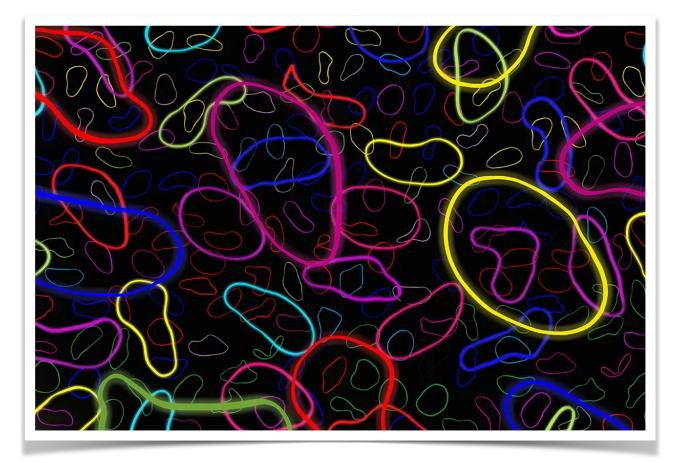




The Swampland and Towers of Light States



Extra dimensions



Weakly coupled strings



Towers of states and Black Holes

• **Bottom-up** derivation for the **emergent string conjecture** from matching of thermodynamic properties of small black-holes. Generalization of the black hole - string correspondence to a **black hole - tower correspondence**

Distance Conjecture away from moduli spaces

 Notion of distance between sets of isolated EFT vacua, also connecting it to holographic RG flows.

Basile, Montella, JHEP 02 (2024) 227

A window into Quantum Gravity: Insights from String Theory and the Swampland

<u>Research group leader:</u> Dieter Lüst

Cribiori, Lüst, Montella, JHEP 10 (2023) 059 Basile, Lüst, Montella, JHEP 07(2024)208 Basile, Cribiori, Lüst, Montella, JHEP 06 (2024) 127 Herraez, Masias, Lüst, Scalisi, arXiv:2406.17851

[Lüst, Palti, Vafa '19]

 Distance Conjecture in the presence of potentials, topology change and non-geometry.

Demulder, Lüst, Raml, JHEP 06 (2024) 079

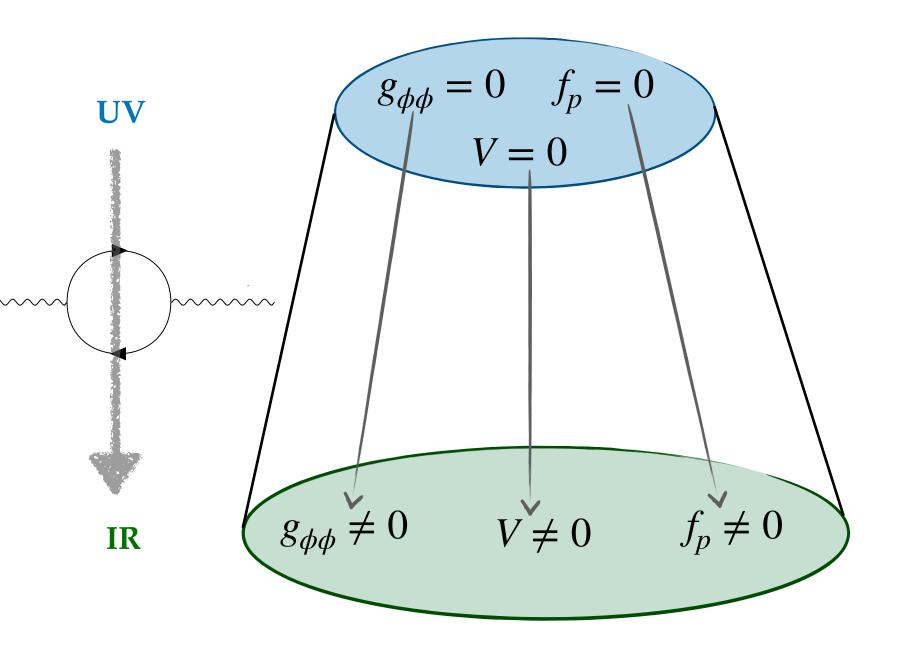




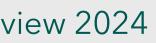
The Emergence Proposal

In a theory of QG the low energy dynamics of light particles appear as an infra-red effect after integrating out infinte towers of states

[Harlow '15] [Grimm, Palti, Valenzuela '18] [Heidenreich, Reece, Rudelius '18] [Ooguri, Palti, Shiu, Vafa '18] [Palti '19]



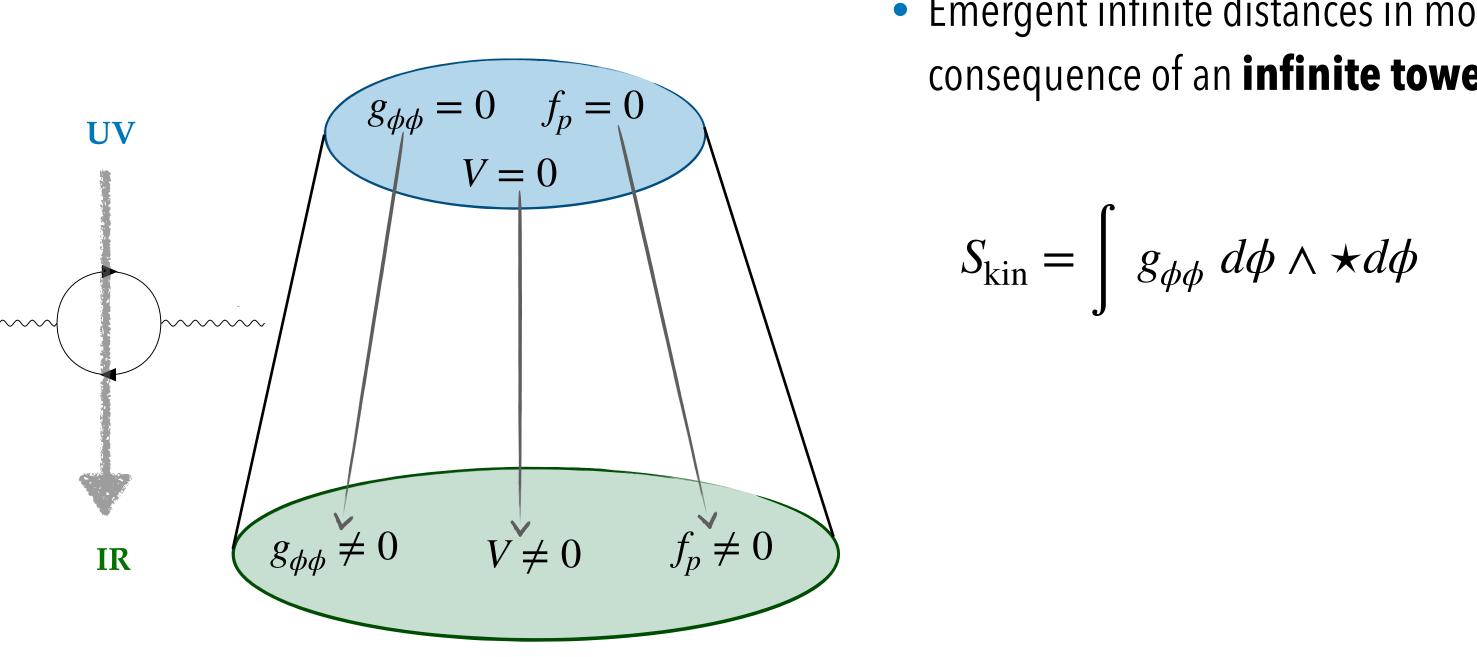
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The Emergence Proposal

towers of states

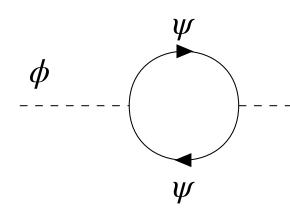
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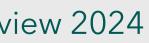
In a theory of QG the low energy dynamics of light particles appear as an infra-red effect after integrating out infinte

• Emergent infinite distances in moduli space — Infinite distances appear as a consequence of an **infinite tower** of particles **becoming light** (related to the SDC)

 $g_{\phi\phi}^{IR} \sim g_{\phi\phi}^{UV} + g_{\phi\phi}^{\text{tower}}$



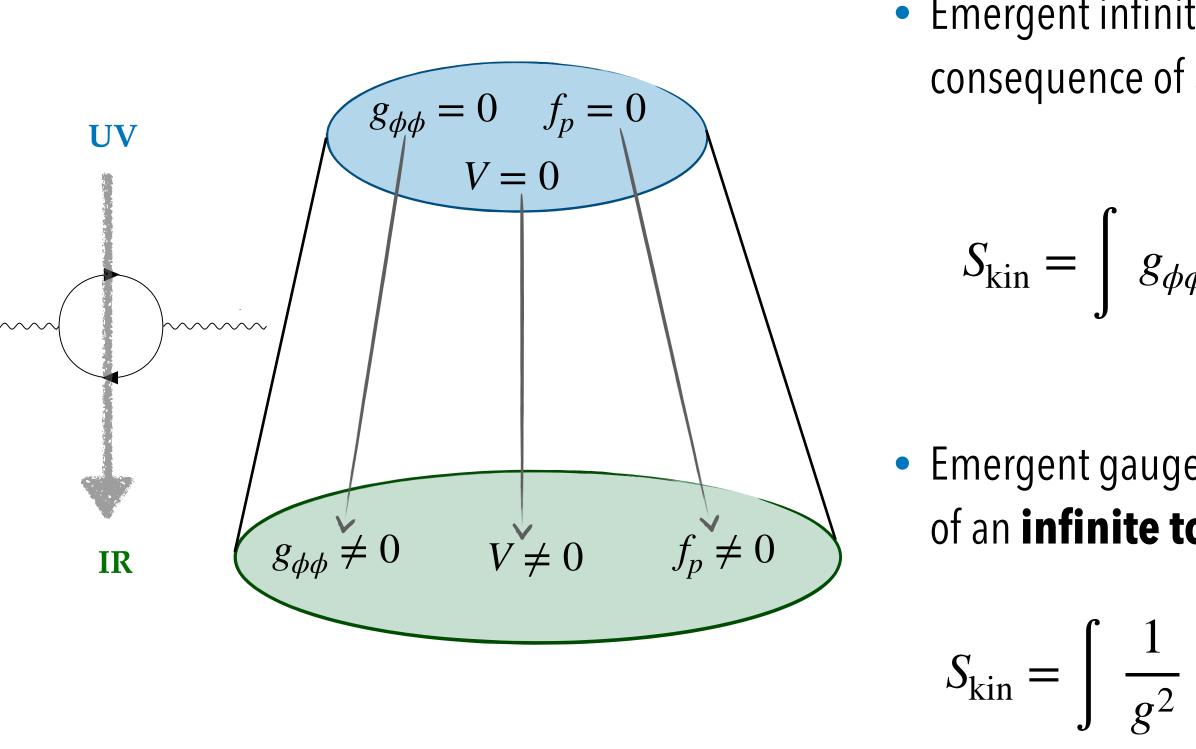




The Emergence Proposal

towers of states

[Harlow '15][Grimm, Palti, Valenzuela '18] [Heidenreich, Reece, Rudelius '18][Ooguri, Palti, Shiu, Vafa '18][Palti '19]



In a theory of QG the low energy dynamics of light particles appear as an infra-red effect after integrating out infinte

• Emergent infinite distances in moduli space — Infinite distances appear as a consequence of an **infinite tower** of particles **becoming light** (related to the SDC)

• Emergent gauge couplings ——— Weak coupling points appear as a consequence of an **infinite tower** of **charged** states becoming **light** (related to the WGC)







<u>M-theoretic Emergence Proposal</u> [Blumenhagen, (Cribiori,) Gligovic, Paraskevopoulou, '23]

• Pedagogical review of the current status of the Emergence Proposal in Quantum Gravity, relating it to earlier ideas of emergence. While still exploratory, it argues that decompactification limits, rather than **emergent strings,** may naturally realize the proposal, connecting intriguingly to concepts from M(atrix) theory and inspiring further speculations.

Blumenhagen, Cribiori, Gligovic, Paraskevopoulou, PoS CORFU2023 (2024) 238

• Exploration of the strong Emergence Proposal in M-theory, suggesting it involves integrating out all light towers of states with masses up to the species scale, such as transverse M2- and M5-branes carrying **KK momentum**. Revisiting R^4 interactions in M-theory, the study introduces a **novel UV-regularization** of Schwinger-like integrals, clarifies its significance, and demonstrates its utility in both string perturbation theory and toroidal compactifications, providing further evidence for the proposal.

Blumenhagen, Cribiori, Gligovic, Paraskevopoulou, JHEP 07, 018 (2024)

A window into Quantum Gravity: Insights from String Theory and the Swampland

<u>Research group leader:</u> Ralph Blumenhagen



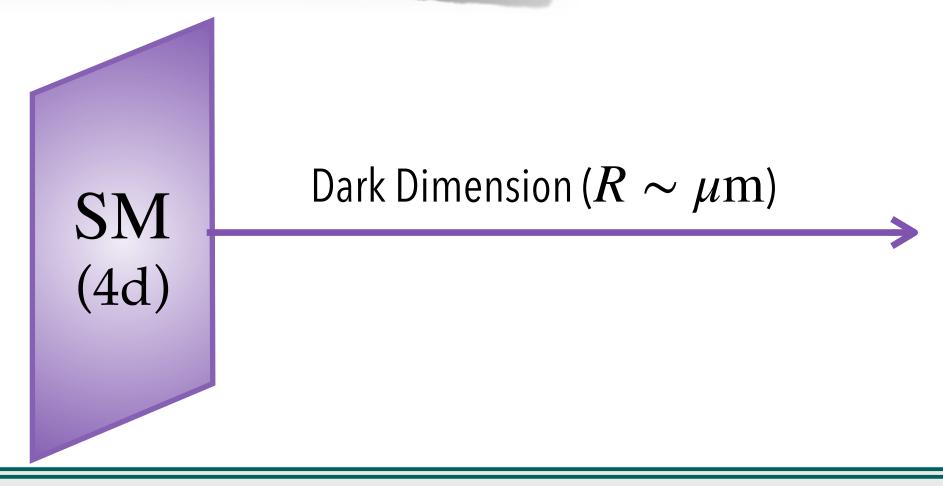
The Dark Dimension Scenario

Theoretical basics:

- * Based on Large Extra Dimension Scenarios [Arkani-Hamed, Dimopoulos, Dvali '98]
- * Generalized Distance Conjecture ($m_{\rm tower} \lesssim \Lambda^{1/4}$) [Lüst Palti, Vafa '17]
- * Emergent String Conjecture (DC) ------> Tower is KK or strings [Lee, Werche, Weigand '21]
- \ast UV cut-off ———> Species Scale $\Lambda_{\rm sp}$ [Dvali,(Redi) '07] [Dvali, Lüst '09] [Dvali, Gómez '10]

Tower from **extra dimensions** $V_n \sim m_{\text{tower}}^n$

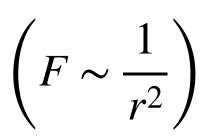
• Experimental bounds on Newton's law valid up to $r \sim 30 \ \mu m$ $\left(F \sim \frac{1}{r^2}\right)$



A window into Quantum Gravity: Insights from String Theory and the Swampland

• <u>Observation</u> \longrightarrow **Tiny** cosmological constant $\Lambda_{cc} \simeq 10^{-122} M_{\rm pl}^2$

• Interpretation —— Light tower of states $m_{\text{tower}} \lesssim \Lambda^{1/4} \simeq 10^{-2} \text{ eV}$



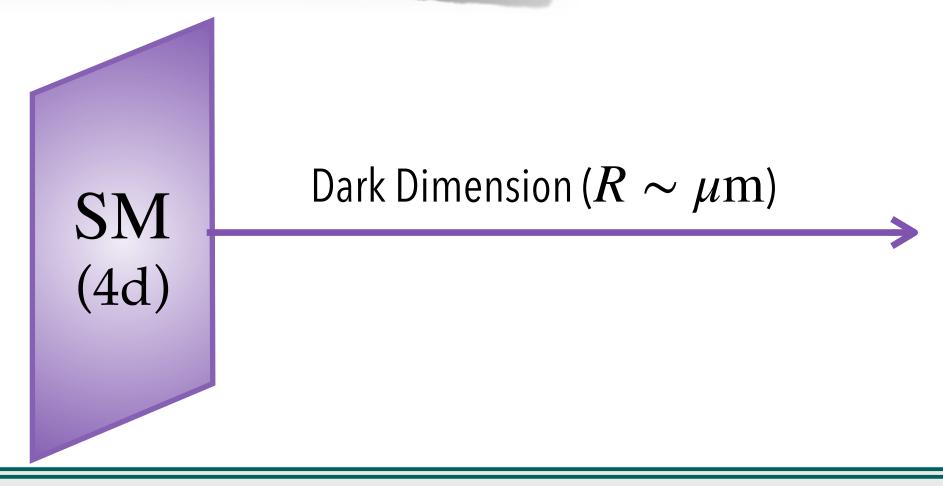


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1 Extra Dimension

$$R^{-1} \sim eV - meV$$







Top-down discussions of the DD

• Top down discussion of **Casimir Energy in String Theory** and its implications for the **Dark Dimension Scenario**

Anchordoqui, Antoniadis, <u>Lüst</u>, Lüst, Eur.Phys.J.C 83 (2023) 11, 1016

Primordial BHs as Dark Matter in the DD

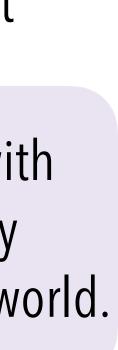
• Phenomenological investigation of the dark dimension scenario, focusing on previous proposal (from the authors) of 5d primordial black holes as dark matter candidates. Confrontation to observations, the cosmology of dark dimension and Hubble tension.

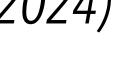
101715

 Modular invariance of the worldsheet CFT, combined with **observations** leads to a dark dimension with a sort-of-weakly coupled string, 5d SUSY and D-brane/O-plane GUT-like braneworld.

Basile, Lüst, arXiv:2409.12231

- Anchordoqui, Antoniadis, Lüst, Phys.Rev.D 109 (2024) 9, 095008
- Anchordoqui, Antoniadis, <u>Lüst</u>, Noble, Soriano, Phys.Dark Univ. 46 (2024)
- Anchordoqui, Antoniadis, <u>Lüst,</u> Castillo, Phys.Dark Univ. 46 (2024) 101714 Anchordoqui, Antoniadis, <u>Lüst</u>, Castillo, arXiv: 2411.07029







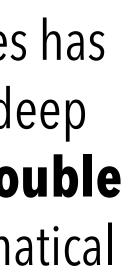


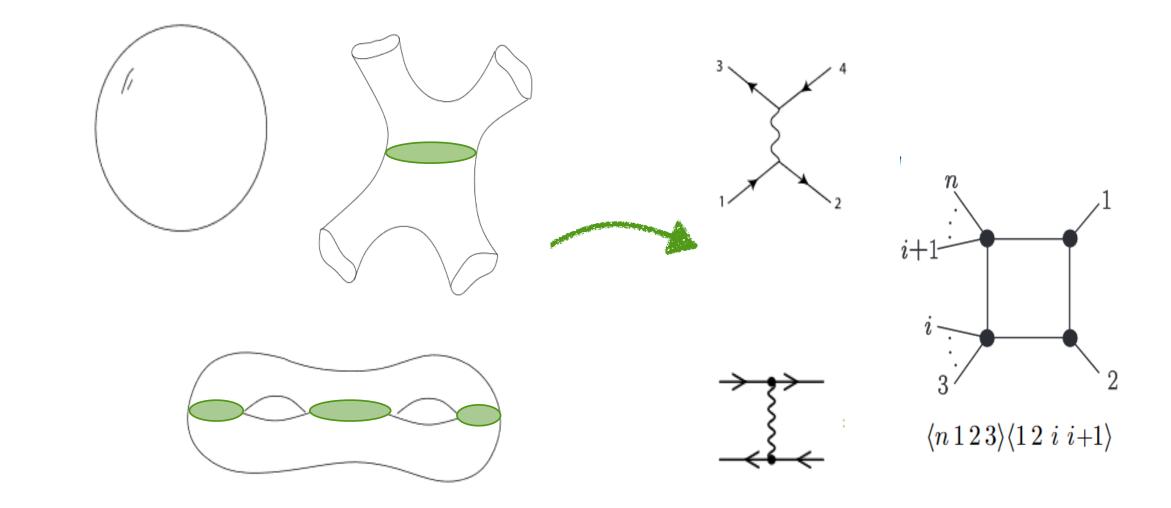
String Amplitudes and the Double-Copy

Investigating the mathematical structure of QFT amplitudes has revealed new properties - color kinematic duality and deep connections between gravity and gauge theory - double **copy**. String theory allows to explain the origin of mathematical identities observed in QFT scattering amplitudes.

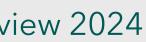


<u>Research group leader:</u> Stephan Stieberger









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 Understanding one-loop double-copy as geometric description leading to a gauge/gravity relation at the perturbative level

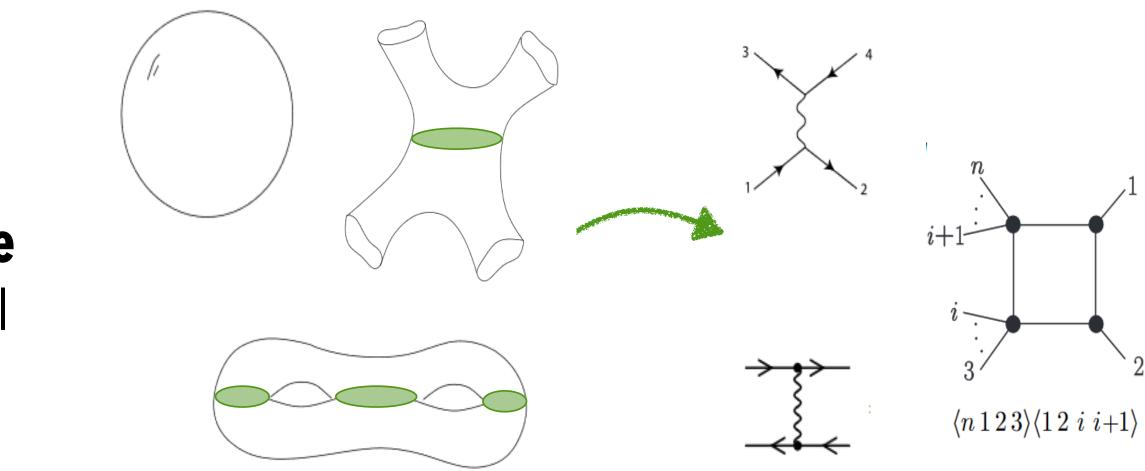
Mazloumi, Stieberger, JHEP 10 (2024) 148

A window into Quantum Gravity: Insights from String Theory and the Swampland



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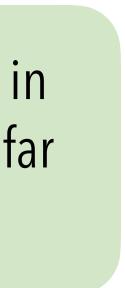




 Understanding closed string tree-level scattering in the presence of **orientifolds** at higher point level (so far only understood at the trivial two-point level)

Bischof, Stieberger, To appear







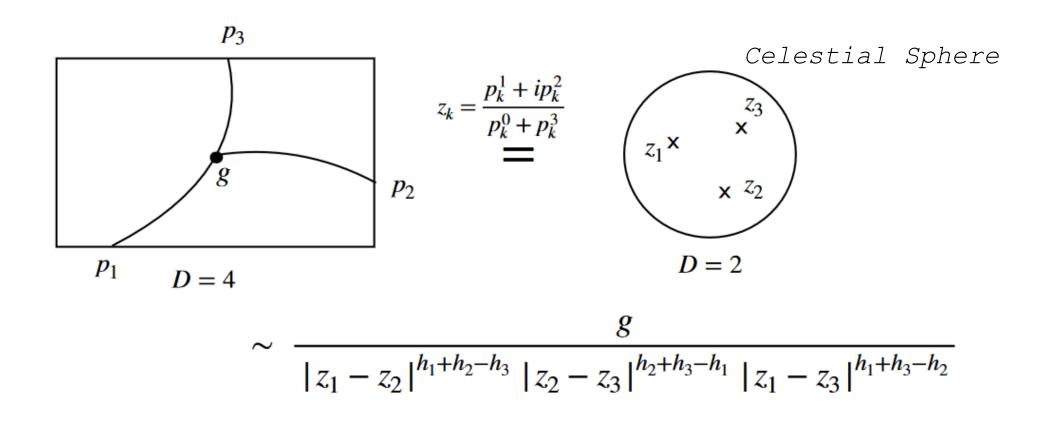
<u>Celestial and Carrollian Conformal Field Theories</u> <u>Research group leader:</u> Stephan Stieberger

Frameworks used to describe the holographic duals of 4d gravity in asymptotically flat spacetime. Key to extending the holographic principle beyond AdS/CFT to more realistic models of our universe.

Celestial CFTs involve a 2D CFT at the celestial **sphere**, capturing the symmetries and scattering amplitudes of the bulk theory.

Carrollian CFTs are **3D theories at null infinity**, encoding the radiative aspects of gravitational dynamics.

A window into Quantum Gravity: Insights from String Theory and the Swampland





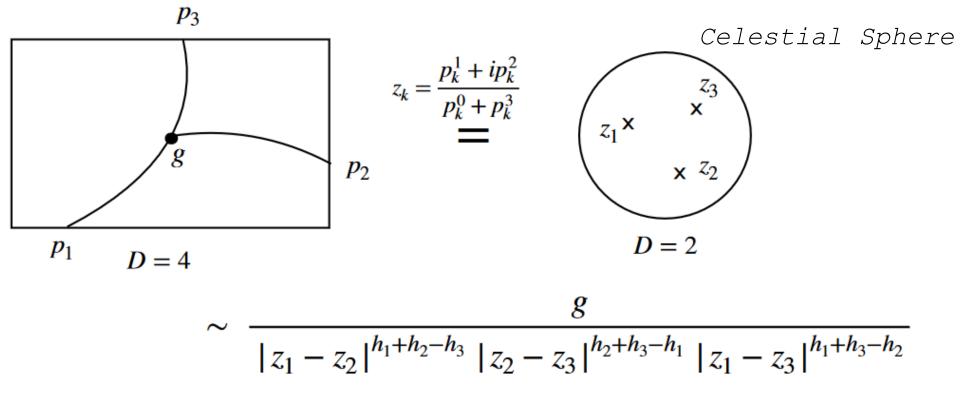
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Understanding Carrollian Conformal Field Theories in **D=3** as holographic description of **D=4** gravity.

A window into Quantum Gravity: Insights from String Theory and the Swampland



From S. Stieberger, talk at Amplitudes 2020

Carrollian CFTs are **3D theories at null infinity**, encoding the radiative aspects of gravitational dynamics.

Stieberger, Taylor, Zhou, JHEP 04 (2024) 127 Ruzziconi, *Stieberger, Taylor, Zhou, JHEP 09 (2024) 149*







<u>Anomalies and (co)bordisms</u>

- $oldsymbol{O}$
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- Spin cobordism and the gauge group of type I/heterotic string theory, *Kneißl*, arXiv:2407.20333

String Dualities

Finiteness and the Emergence of Dualities, *Delgado, van de Heisteeg, Raman, Torres, Vafa,* arXiv: 2412.03640 $oldsymbol{O}$

Global anomalies & bordism of non-supersymmetric strings, *Basile, Debray, <u>Delgado</u>, Montero,* JHEP 02 (2024) 092 Anomaly constraints for heterotic strings and supergravity in six dimensions, *Basile, Leone*, JHEP 04 (2024) 067



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NEW POSTDOC: MATILDA DELGADO







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String Dualities

<u>Cosmology & Swampland</u>

- Starobinksy inflation in the swampland, *Lüst, Masias, Muntz, Scalisi,* JHEP 07 (2024) 186 $oldsymbol{O}$
- Shedding light on dark bubble cosmology, *Basile*, Danielsson, Giri, Panizo, JHEP02(2024)112
- Species Scale and Primordial Gravitational Waves, *Scalisi*, Fortsch. Phys. 72 (2024) 6, 2400033

Global anomalies & bordism of non-supersymmetric strings, *Basile, Debray, <u>Delgado</u>, Montero,* JHEP 02 (2024) 092 Anomaly constraints for heterotic strings and supergravity in six dimensions, *Basile, Leone*, JHEP 04 (2024) 067

NEW POSTDOC: MATILDA DELGADO

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The cutoff for gravitational EFTs

• On the Species Scale, Modular Invariance and the Gravitational EFT expansion, Castellano, <u>Herraez</u>, Ibañez, JHEP12(2024)019

Black Holes

- A note on the Noether-Wald and generalized Komar charges, Ortin, Zatti, arXiv: 2411.10420
- On the thermodynamics of the black holes of the Cano-Ruipérez 4-dimensional string effective action Ortin, Zatti, arXiv: 2411.10420 2405.03683



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<u>Heterotic string theory</u>

• Open Strings and Heterotic Instantons, *Álvarez-García, <u>Kneißl</u>, Leedom, Righi,* arXiv:2407.20319

<u>Worldsheet implications for UV/IR mixing, non-geometry, & Non-SUSY Strings</u> • Species scale, worldsheet CFTs and emergent geometry, *Aoufia*, *Basile*, *Leone*, arXiv: 2405.03683 • Banks-Zaks Stabilisation of Non-SUSY Strings, *Abel, <u>Basile</u>, Matyas,* arXiv:2412.01914

NEW POSTDOC: MATTEO ZATTI



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NEW POSTDOC: MATTEO ZATTI

NEW POSTDOC: <u>BERNARDO FRAIMAN</u>



Conferences, workshops, meetings and networking

- $oldsymbol{O}$
- **DFG German-Isreal-Project** on Swampland and Holography [*Dieter Lüst*] $oldsymbol{O}$
- **DFG Research Group** on Scattering Amplitudes [Stephan Stieberger] $oldsymbol{O}$
- **DFG Heisenberg Fellowship** [Daniel Junghans] $oldsymbol{O}$
- Organization of **Online Seminars in String Phenomenology,** January-June 2024 [Matilda Delgado, Alvaro Herraez]
- $oldsymbol{O}$ [Ralph Blumenhagen, Niccolo Cribiori, Dieter Lüst, Annette Sturm]
- Mentoring & co-organization of the "String Theory Mentoring Program: QuantumGuides," $oldsymbol{O}$ worldwide program targeted at under-represented groups in the String Theory community.

Invited talks at international conferences such as String Phenomenology 2024, Supersymmetry 2024, Strings and Geometry 2024... and **invited seminars** at Harvard, CMSA, Vienna ESI, Oxford Univeristy, CGI Florence, IFT Madrid...

Organization of workshop "Geometry, Strings and the Swampland Program", in Ringberg, March 18-22, 2024

Organization of Conference "Swamplandia in Bavaria", in Abbey Seeon, May 27-29, 2024 [Dieter Lüst, Annette Sturm]

[Ivano Basile, Matilda Delgado, Alvaro Herraez, Dieter Lüst, Joaquín Masias, Antonia Paraskevopoulou, Matteo Zatti]



QUANTUM GRAVITY

Thank you!



STRING THEORY

MANE:







