Effective field theories and cosmology: Majorana neutrinos, Dark Matter and Leptogenesis

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3YS-IMPRS Workshop



# **2** Dark Matter and Leptogenesis

# **3** Effective field theories

# **4** CONCLUSIONS

Image: A matrix

Massive neutrinos from particle physics

# STANDARD MODEL AND BEYOND

# The Standard Model of Particle Physics

Renormalizable

Gauge

Field Theory

# $SU(3)\otimes SU(2)\otimes U(1)$

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• correct predictions of many observed phenomena

• agreement with most of experimental data

# But....

MASSIVE NEUTRINOS FROM PARTICLE PHYSICS

# STANDARD MODEL AND BEYOND

## NEUTRINO PHYSICS...

• we observe <u>neutrino oscillation</u>:

$$|\nu_{\alpha}\rangle = \sum_{i} U_{\alpha i} |\nu_{i}\rangle \Rightarrow P(\nu_{\alpha} \to \nu_{\beta}) \propto \sin^{2} \left(\frac{\Delta m_{ii}^{2}L}{2E}\right)$$

• the neutrinos are <u>massless</u> particles:  $m_{\nu} = 0$ 

## DARK MATTER...

• we need a **suitable** dark matter candidate in agreement with **cosmological constraints** 

 $Q_X = 0$  non baryonic, stable

 $M_X \neq 0$ 

• the SM particle content consists in quarks, leptons, gauge bosons

## BARYON ASYMMETRY...

- we live in a matter dominated universe: Baryon Asymmetry in the Universe
- the SM CP violation is <u>not sufficient</u> to explain the Baryon Asymmetry in the Universe

#### MASSIVE NEUTRINOS FROM PARTICLE PHYSICS

# NEUTRINO OSCILLATION

• the idea was first put forward by B. Pontecorvo (1957)

$$|\nu_{\alpha}\rangle = \sum_{i} U_{\alpha i} |\nu_{i}\rangle \quad \begin{cases} \alpha = e, \mu, \tau \\ i = 1, 2, 3 \end{cases}$$

• the mixing matrix involve: mass eigenstates  $|
u_i
angle$  and flavour eigenstates  $|
u_lpha
angle$ 

$$U = egin{pmatrix} U_{e1} & U_{e2} & U_{e3} \ U_{\mu 1} & U_{\mu 2} & U_{\mu 3} \ U_{ au 1} & U_{ au 2} & U_{ au 3} \ \end{pmatrix}$$

• the experiments provide (*Super Kamiokande, K2, Minos...*)

 $\Delta m^2_{sol} = 7.65 \times 10^{-5} \mathrm{eV}^2$  ,  $\Delta m^2_{atm} = 2.40 \times 10^{-3} \mathrm{eV}^2 \rightarrow m_{\nu} \ge 0.05 \mathrm{eV}^2$ 

 $\nu_{e,\mu} \rightarrow \nu_{\mu,\tau} \Rightarrow \text{different mass eigenstates } |\nu_i\rangle \Rightarrow \mathbf{m}_{\nu}$ 

#### How can we construct $\nu$ masses in the QFT Lagrangian?

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# NEUTRINOS MASSES AND SEE-SAW

- $\bullet\,$  adding in the most conservative way a set of  $\nu_R\,\rightarrow\,$  sterile
- neutrinos are the only **electrically neutral** fundamental particle:  $\nu = \bar{\nu}$  ?
  - $\begin{array}{ll} \underline{\text{Dirac Mass Term}} & \underline{\text{Majorana Mass Term}} : \nu^{c} = \gamma^{0} C \nu^{*} \\ \mathcal{L}_{D} = -m_{D} \bar{\nu}_{R} \nu_{L} + h.c. & \mathcal{L}_{M} = -m_{L} \bar{\nu}_{L}^{c} \nu_{L} m_{L} \bar{\nu}_{R}^{c} \nu_{R} + h.c. \\ \underline{\Delta L} = 0 & \underline{\Delta L} \neq 0 \end{array}$
- $\bullet\,$  Putting together the two terms  $\to$  the  ${\color{black} See-Saw}$  mechanism

$$\mathcal{L}_{M+D} = -m_D \bar{\nu}_R \nu_L - m_L \bar{\nu}_L^c \nu_L - m_R \bar{\nu}_R^c \nu_R + h.c.$$

$$\mathcal{M} = \begin{pmatrix} m_L & m_D \\ m_D & m_R \end{pmatrix}$$
 with  $m_R = M >> m_D >> m_L = \mu$ 

mass eigenvalues:

$$m_1 = |\mu - \frac{m_D^2}{M}|, \quad m_2 = M$$

# EXTENDED SM LAGRANGIAN

mass eigenstates:

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$$\nu \sim \left[\nu_L - \nu_L^c\right] + \frac{m_D}{M} \left[\nu_R - \nu_R^c\right], \ N \sim \left[\nu_R + \nu_R^c\right] + \frac{m_D}{M} \left[\nu_L + \nu_L^c\right]$$

- the heavy mass eigenstate is composed by RIGHT neutrinos:  $N\simeq 
  u_R$
- the light mass eigenstate is composed by LEFT neutrinos:  $\nu \simeq \nu_L$

General case: 
$$\nu_{\alpha} = U_{\alpha i} \frac{\nu_{i}}{\nu_{i}} + \Theta_{\alpha I} N_{I} \qquad \Theta_{\alpha I} = \frac{(M^{D})_{\alpha I}}{M_{I}} << 1$$

## STANDARD MODEL EXTENSION

•  $\mathcal{N}$  singlet fermions  $N_I$   $(I = 1, ..., \mathcal{N})$   $M_{N_1} \leq M_{N_2} ... \leq M_{\mathcal{N}}$ 

$$Q = 0$$
;  $I_W = 0$ ;  $Y = 0 \rightarrow$  sterile particles

• renormalizable Lagrangian with Dirac-Majorana mass term

$$\mathcal{L} = \mathcal{L}_{SM} + i\bar{N}_{I}\partial_{\mu}\gamma^{\mu}N_{I} - \left(F_{\alpha i}\bar{L}_{\alpha}N_{I}\tilde{\Phi} + \frac{M_{I}}{2}\bar{N}_{I}^{c}N_{I} + h.c.\right)$$

# TOWARDS COSMOLOGY PROBLEMS

The **minimal changes** introduced in the SM:

- can explain the <u>neutrino oscillations</u>  $M \le 10^{15} {
  m GeV}$
- can give small masses, as observed experimentally , to  $u_e, \, 
  u_\mu, \, 
  u_ au$

Adding **new fields**  $\rightarrow$  new particles

• <u>heavy neutrinos</u> (lightest one) obtained by See-Saw mechanism  $\Downarrow$ 

## Dark Matter candidate

● <u>lepton number violating terms</u>, Majorana nature of heavy neutrinos ↓

## Baryon Asymmetry via Leptogenesis

hep-ph 0604236, Phys. Lett. B 155, 36, Phys. Lett. B 74, 45,

# DARK MATTER



**Q** Estimation by visible stars and dust  $\rightarrow$  electromagnetic radiation (disk)

if we assume General Relativity (Newton's laws) being correct ↓ additional matter to explain rotation curves

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# DARK MATTER

- DM is necessary for the galaxies formation and structure
- a glue to clump observed celestial objects

### DM PROPERTIES

- does not carry electromagnetic charge
- have to be massive, i.e. gravitationally interacting
- non baryonic



- Dwarf Spheroidal Galaxies: DM dominated objects
- $\rho_{DM} \leq \rho$  Fermi gas
- present limits:  $M_{DM} \ge 400 \text{ eV}$

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SM  $\nu \neq$  DM particles

 Several candidates: LSP (lightest supersymmetric particle) neutralino or gravitino, axions and <u>sterile neutrinos</u>, WIMPZillas, solitons (Q-balls, B balls), extra dimension dark matter LKP DARK MATTER AND LEPTOGENESIS

# WARM DARK MATTER

# Cold Dark Matter

• Most studied candidates: LSP, in general WIMPS  $M_X \sim 100 \, {
m GeV}$ 

Drawbacks: satellite problem (to many galaxies), does not reproduce galactic and cluster of galaxies observations

## ...WARM DARK MATTER

- Numerical simulation with M = O (kev) particles reproduce astronomical observation at all scales hep-ph 0009083 , 1109.3187
- Possible candidate: Sterile Neutrinos

hep-ph 9303287



DARK MATTER AND LEPTOGENESIS

# MOTIVATION 1: REPRODUCE $\rho_{DM}$



- $N_1$  DM candidate
- Thermal Equilibrium  $\Gamma_i > H$
- Dilution by increasing of **s**  $N_{2,3} \rightarrow a, b, c...$

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## Thermal approach to the Dark Matter problem

• produced in a hot dense plasma at high temperature

- masses involved:  $M_{N_1} = \mathcal{O}(\text{kev})$   $M_{N_{2,3}} \leq 10^{15} \text{GeV}$
- production and decays of  $N_{2,3}$  play an important role

# BARYON ASYMMETRY IN THE UNIVERSE

• excess of matter over anti-matter is observed (CMB, BBN)

$$\eta_B = \frac{n_B - n_{\bar{B}}}{n_{\gamma}} \sim 6 \times 10^{-10} \Rightarrow n_{\bar{B}} \simeq 0$$

• dynamical generation of  $\eta_B$  in the early hot universe (hot plasma)

## SAKHAROV CONDITIONS (1967)

- baryon number (B) violation
- C and CP violation
- processes out of thermal equilibrium

• There must exists a process in which baryon number is violated

$$X \rightarrow Y + B$$

# BAU AND SAKAROV CONDITIONS

• If B is violated but C is conserved,

$$\Gamma(X \to Y + B) = \Gamma(\bar{X} \to \bar{Y} + \bar{B}) \Rightarrow B - \bar{B} = 0$$

• If B and C are violated

$$\Gamma(X 
ightarrow q_L q_L) 
eq \Gamma(ar{X} 
ightarrow ar{q}_L ar{q}_L)$$

but CP is conserved

$$\Gamma(X o q_L q_L) + \Gamma(X o q_R q_R) = \Gamma(\bar{X} o \bar{q}_L \bar{q}_L) + \Gamma(\bar{X} o \bar{q}_R \bar{q}_R)$$
  
 $B - \bar{B} = 0$ 

• CPT theorem:  $m_{\chi} = m_{\bar{\chi}}$  and in thermal equilibrium particles follow Bose-Einstein or Fermi-Dirac distribution  $\Rightarrow$  *density depend only on masses*  $\Rightarrow$  **no**  $B - \bar{B}$  **can be generated** 

# LEPTOGENESIS

#### CP VIOLATION IN QUARK SECTOR IS NOT ENOUGH:

SPHALERONS : **Baryons**  $\leftrightarrows$  Leptons

- B and L well conserved at classical level (low temperature regime)
- $T > T_{FW}$  transition between vacua of non Abelian Gauge Theory (SU(2))

$$\Delta B = \Delta L = n_f \Delta N_v$$

- 100 GeV  $\leq T \leq 10^{12}$  GeV: sphaleron transitions activated
- due to sphalerons properties a Baryon Asymmetry can be generated if

$$\eta_{B} = rac{lpha_{sph}}{lpha_{sph} - 1} \, \eta_{L}$$

With sterile neutrinos  $\rightarrow$  PMSN matrix for  $\nu$ 



- we have additional CP violation in leptonic sector
- processes that may violate lepton number

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DARK MATTER AND LEPTOGENESIS

# MOTIVATION 2: REPRODUCE BAU $(\eta_B)$



#### THERMAL APPROACH TO THE LEPTOGENESIS PROBLEM

- temperature of the process:  ${\cal T}_{lept}\simeq 10^9\,{
  m GeV}$
- masses involved:  $M_{N_1} = \mathcal{O}(\text{kev})$   $M_{N_{2,3}} \leq 10^{15} \text{GeV}$

Possible hierarchy scale:  $M >> T \rightarrow$  Effective field theory?

# SETTING UP THE TOOLS

Dealing with problems involving **more than one energy scale**: <u>Effective Field Theories</u>

- **()** a hierarchy of energy scales: separation of the scales, e.g.  $m \ll M$
- identify which is the scale you are interested in, e.g. m
- organize an expansion of the operators in terms of

 $\frac{m}{M} \rightarrow \text{power counting}$ 

dimensional analysis helps in building the effective Lagrangian

$$\mathcal{L}_{FT} \rightarrow \mathcal{L}_{EFT} = \sum_{i} c_{i} \frac{\mathcal{O}_{i}^{n}}{M^{n-4}}$$

## EFT STRATEGY

- identify the symmetries of the low energy Lagrangian
- identify the suitable degrees of freedom, ingredients of your system
- write down the low energy Lagrangian exploiting the hierarchy of the scales

# DEFINING THE PROBLEM

Our physical system and degrees of freedom

- hot plasma of SM particles at  $T\simeq 10^9$  GeV:  $m_i\ll T$   $\vec{p}_i\sim T$
- Majorana neutrinos (N, M) are almost not affected by **T**

 $\Rightarrow$  small corrections to *N* dynamics, *N* is a **NON RELATIVISTIC particle** 

• It is possible to build an EFT to get thermal production rate:

 $M \gg T \rightarrow$  hierarchy of scales

#### DIFFERENT APPROACHES:

• consider directly thermal field theory (hep-ph 1112.1205):

$$\Gamma_N(K) = \frac{1}{k^0} Im \{ \Pi(K) \}$$

Section 2018 EFT for heavy Majorana neutrinos (N. Brambilla, A. Vairo, M. Escobedo)

- computation at T=0 via one loop diagrams  $M \gg T$
- thermal effects as correction via simple tad pole diagrams suppressed by powers of  $\frac{T}{M}$

Effective field theories

# COMPARING FT AND EFT: MATCHING

## EFT STRATEGY:

- Galilean invariance, rotational invariance (no preferred direction)
- Non relativistic Majorana neutrinos  $(|\vec{p}| \ll M)$
- Low energy Lagrangian

$$\mathcal{L}_{EFT} = N^{\dagger} \partial_0 N + \frac{A}{M} N^{\dagger} N \phi^{\dagger} \phi + \frac{B}{M^2} N^{\dagger} N \bar{\psi} \psi + \frac{C}{M^3} N^{\dagger} N F^2 + \dots$$

where  $\phi$  is the Higgs doublet,  $\psi$  are fermions, F gauge bosons (field strength)

Thermal correction of each term through dimensional analysis:

$$\delta\Gamma(N)_{\phi} = \frac{T^2}{M}, \quad \delta\Gamma(N)_{\psi} = \frac{T^3}{M^2}, \quad \delta\Gamma(N)_F = \frac{T^4}{M^3}$$

- A, B, C called *matching coefficients* (FT dependent)
- the power counting  $+ M \gg T \Rightarrow$  expansion under control

## MATCHING (1):

- an effective Lagrangian is not a new alternative theory
- it is a simplified version of the FT in a region of the parameters (hierarchy of scales)

$$\mathcal{L}_{FT} 
ightarrow \mathcal{L}_{EFT}$$

$$\mathcal{L}_{FT} = \mathcal{L}_{SM} + i\bar{N}_{I}\partial_{\mu}\gamma^{\mu}N_{I} - \left(F_{\alpha i}\bar{L}_{\alpha}N_{I}\tilde{\Phi} + \frac{M_{I}}{2}\bar{N}_{I}^{c}N_{I} + h.c.\right)$$

$$\Downarrow$$

$$\mathcal{L}_{EFT} = N^{\dagger}\partial_{0}N + \frac{A}{M}N^{\dagger}N\phi^{\dagger}\phi + \frac{B}{M^{2}}N^{\dagger}N\bar{\psi}\psi + \frac{C}{M^{3}}N^{\dagger}NF^{2} + \dots$$

# Matching (2)

- the EFT must reproduce the FT in the same parameter range
- thermal correction for  $T \ll M \Rightarrow$  integrate out the high energy scale M

#### 2 STREETIVE FIELD THEORIES

# EXAMPLE: MATCHING FOR A COEFFICIENT

## MATCHING STRATEGY

- Compute a matrix element in both FT and EFT
- Make the non relativistic expansion for FT  $(M \gg T)$  or  $(\vec{p_N} \ll M)$
- Compare the results to get the expression for the EFT coefficient

# $\langle \Omega | N_i(x) \, \bar{N}_j(y) \, \phi(z) \, \phi^{\dagger}(t) | \Omega \rangle \rightarrow N^{\dagger} N \phi^{\dagger} \phi$



- the only difference: LOOP,  $k^{\mu} \sim M \Rightarrow$  integrate out  $k^{\mu} \gg T$
- perform the integral at T=0 (Feynman parameters,  $m_i \simeq 0$ , *imaginary part*)

Effective field theories

# From T=0 to thermal correction

#### MATCHING A COEFFICIENT

• We get the result for A as follows

$$A = -i\frac{3}{4}\frac{|F|^2\lambda}{\pi} \Rightarrow \mathcal{L}_{NN\phi\phi} = -i\frac{3}{4}\frac{|F|^2\lambda}{\pi M}N^{\dagger}N\phi^{\dagger}\phi$$



#### THERMAL PROPAGATORS

• In a hot plasma particles are thermally excited  $\Rightarrow$  propagators affected by

$$i\Delta(x-y) = \int \frac{d^4K}{2\pi^4} \left[ \frac{i}{K^2 - m^2 + i\epsilon} + 2\pi n_B(|k_0|)\delta(K^2 - m^2) \right] e^{-iK(x-y)}$$

FFECTIVE FIELD THEORIES

# THERMAL PRODUCTION RATE AT $\mathcal{O}(\frac{T^2}{M^2})$

## FINAL RESULT

- $\bullet$  the first term  $\rightarrow$  divergence  $\rightarrow$  renormalization
- $\bullet\,$  the second term  $\rightarrow\,$  thermal contribution  $\rightarrow\,$  thermal correction



• T is entering in Bose-Einstein distribution  $(m_{\phi}=0)$ 

$$n_B = rac{1}{e^{k/T}-1} \quad \Rightarrow \quad \int_0^\infty dk rac{k}{e^{k/T}-1} \;, \quad k = xT$$

Hence one gets

$$\Gamma_{N}(T) = \frac{M|F|^{2}}{8\pi} \left[ 1 - \lambda \frac{T^{2}}{M^{2}} + \mathcal{O}\left(\frac{T}{M}\right)^{4} \right]$$

# CONCLUSIONS

## Neutrinos

- neutrino oscillation need  $m_{\nu} \neq 0$
- Possible extension: Sterile Neutrinos
- See-Saw and Heavy Majorana neutrinos

## DARK MATTER AND LEPTOGENESIS

- heavy neutrinos may be a suitable candidate for DM
- *heavy neutrinos* may be a source for Leptogenesis  $\rightarrow$  BAU

## EFFECTIVE FIELD THEORY FOR HEAVY NEUTRINOS

• For both Leptogenesis and DM may be relevant

## M >> T

 $\bullet$  effective field theories  $\rightarrow$  a good tool to get

 $\Gamma_N \equiv \Gamma_N (T, M) \rightarrow$  production rate with thermal effects

- compute the other matching coefficients
- generalization to non equilibrium
- consider other model for R-handed neutrinos (L-R symmetric model....)

Image: Image: