

Memory Burden in Locked Inflation

Lukas Komisel

Supervisor: Prof. Dr. Gia Dvali

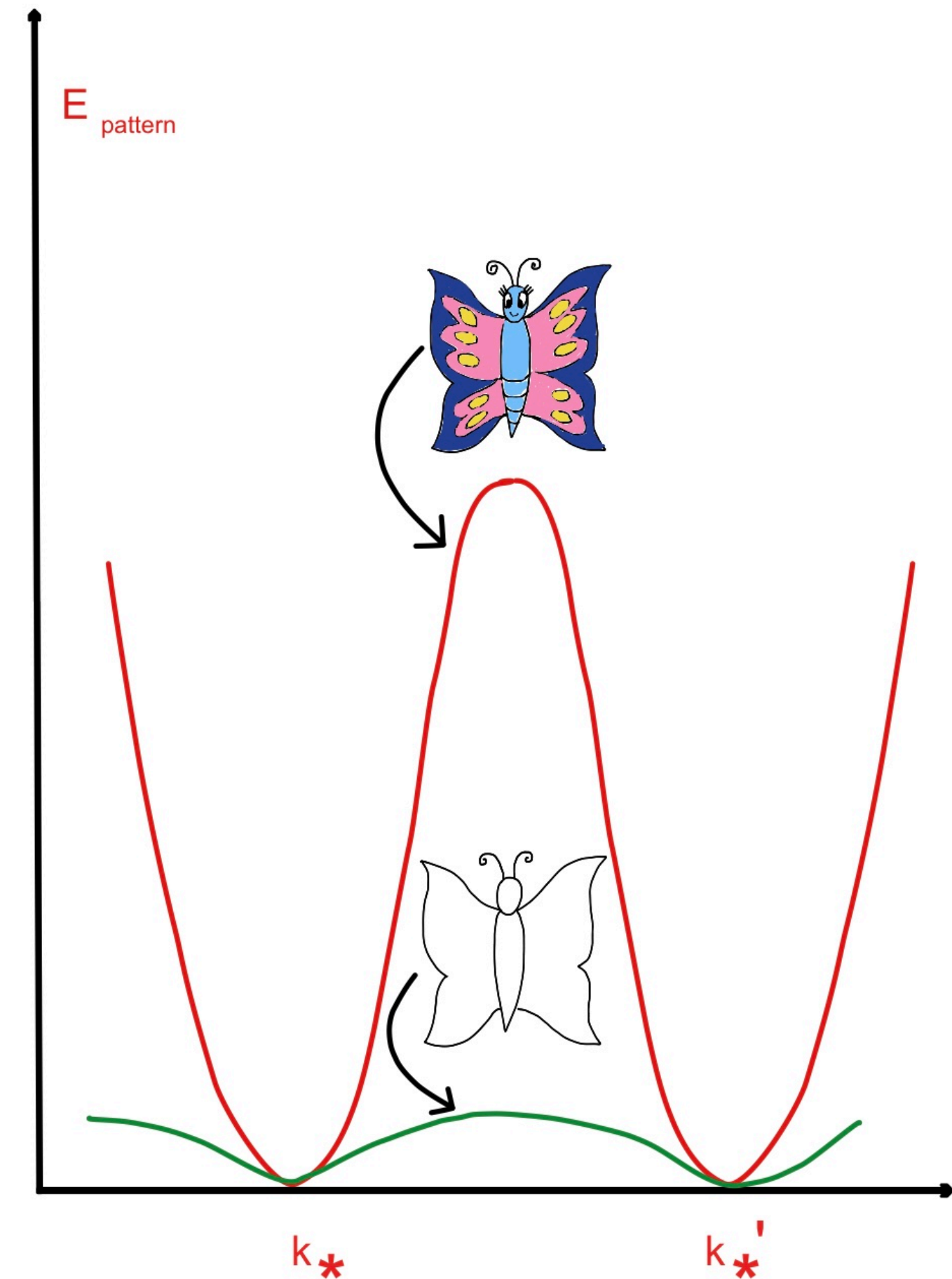
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lukas.komisel@physik.lmu.de

Systems with Enhanced Information Storage

Dvali, 2018; Dvali et al., 2018; Dvali et al. 2021

- Systems with critical states + large number of modes
 - In critical state: energy gap of modes very small
- ⇒ *Memory Modes* store Information with little energy cost.
- Outside critical state: information very energy expensive
- ⇒ Stored information hinders decay of critical state
- **Memory Burden Effect**



Dvali, 2018, [arXiv:1810.02336](https://arxiv.org/abs/1810.02336) [hep-th]

Toy Model Example

Dvali, 2018; Dvali et al., 2018; Dvali et al. 2021

$$H = \epsilon_0 \hat{n}_0 + \epsilon_0 \hat{m}_0 + \left(1 - \frac{\hat{n}_0}{N_C}\right) \sum_{k=1}^K \epsilon_k \hat{n}_k + C_0 \left(\hat{a}_0^\dagger \hat{b}_0 + \hat{b}_0^\dagger \hat{a}_0\right), \quad |\text{in}\rangle = |N_C, 0, n_1, \dots, n_k\rangle$$

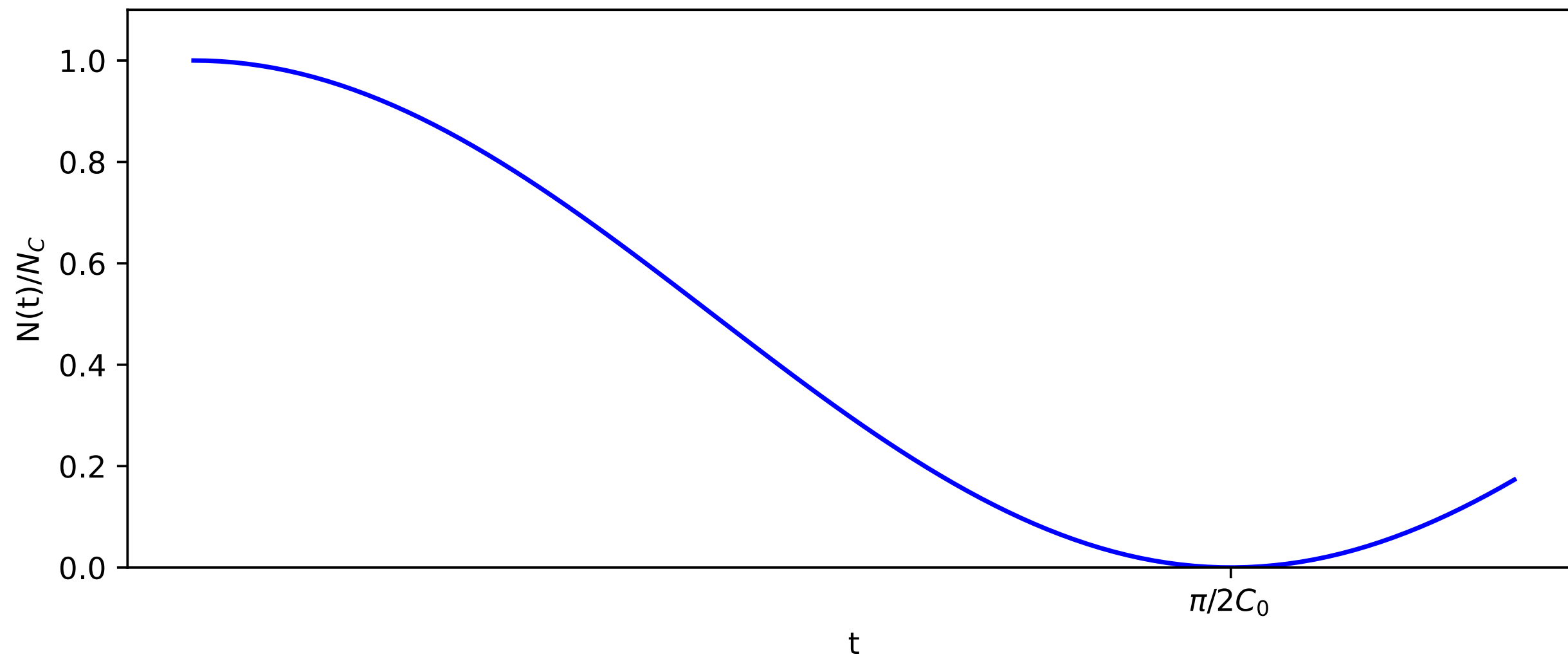
- $\hat{n}_0 = \hat{a}_0^\dagger \hat{a}_0 \leftrightarrow$ *Master Mode*, $\hat{n}_k = \hat{a}_k^\dagger \hat{a}_k \leftrightarrow$ *Memory Modes*, $n_k = \langle \hat{n}_k \rangle \leftrightarrow$ *Information*
- $\mu = - \sum_{k=1}^K \epsilon_k n_k / N_C$ quantifies Memory Burden
- No change in pattern between $|\hat{n}_0 = N_C, \hat{m}_0 = 0\rangle$ and $|\hat{n}_0 = 0, \hat{m}_0 = N_C\rangle$: $\Delta E = -N_C \mu$

Toy Model Example

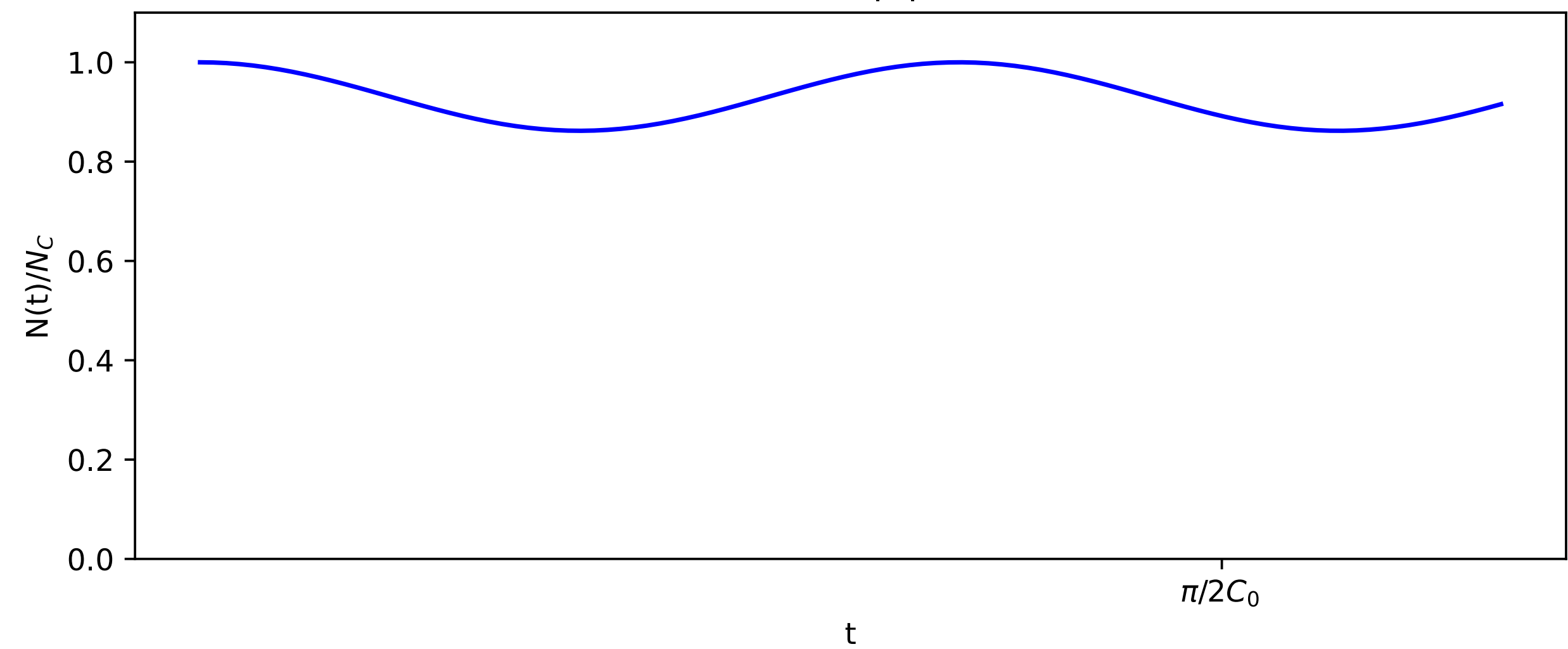
Dvali, 2018; Dvali et al., 2018; Dvali et al. 2021

$$\text{Time-evolution of } n_0 = \langle \hat{n}_0 \rangle: n_0(t) = N_C \left(1 - \frac{4C_0^2}{4C_0^2 + \mu^2} \sin^2 \left(\sqrt{C_0^2 + \mu^2/4} t \right) \right)$$

$C_0 = 1/5, \mu = 0$



$C_0 = 1/5, |\mu| = 1$



Double Field Approach

Locked Inflation

Dvali, Kachru, 2003

- 2 fields ϕ, χ , $V = \frac{g^2}{4} (\phi^2 - v^2)^2 + \frac{m^2}{2} \chi^2 + \lambda^2 \phi^2 \chi^2$

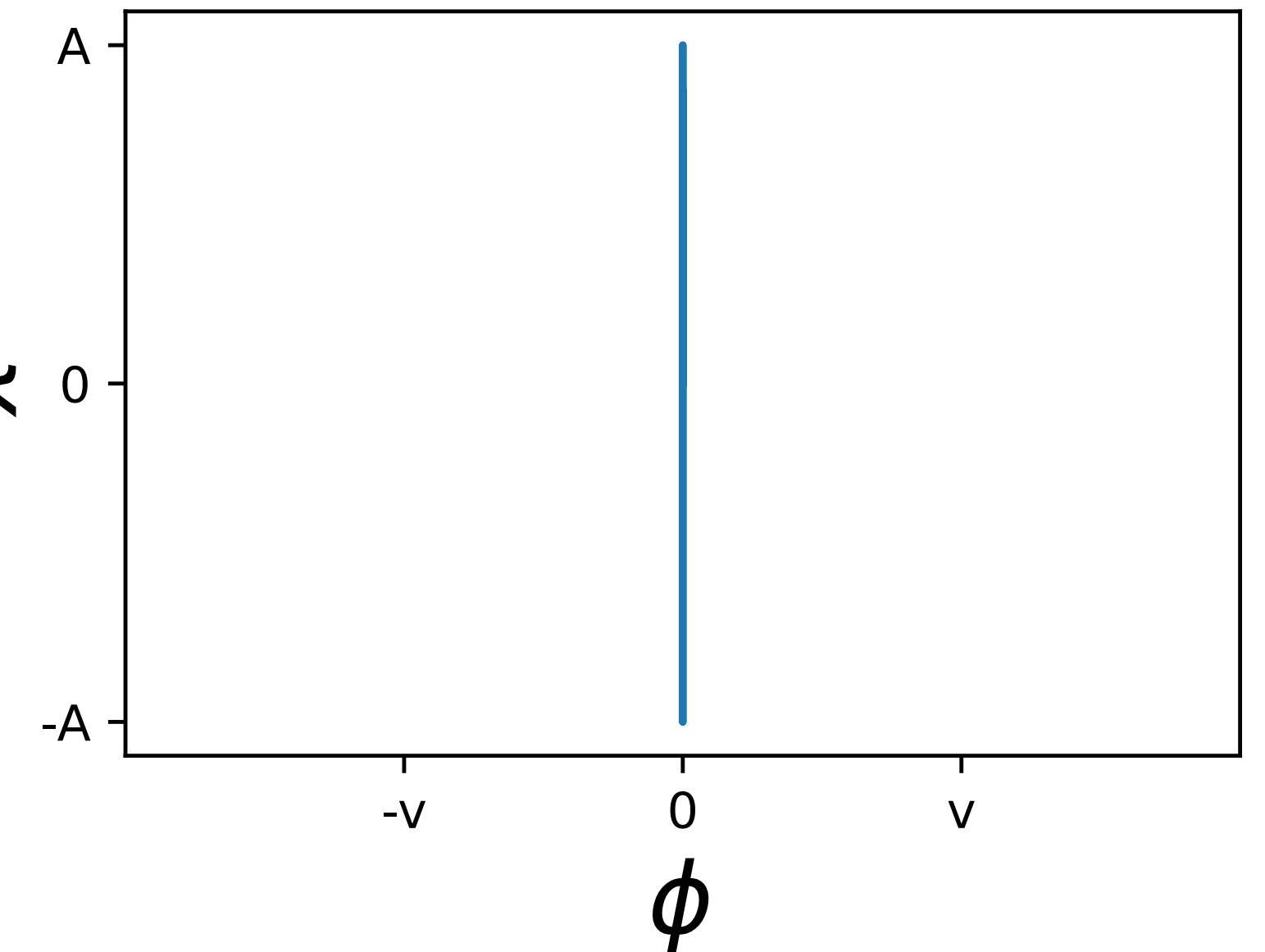
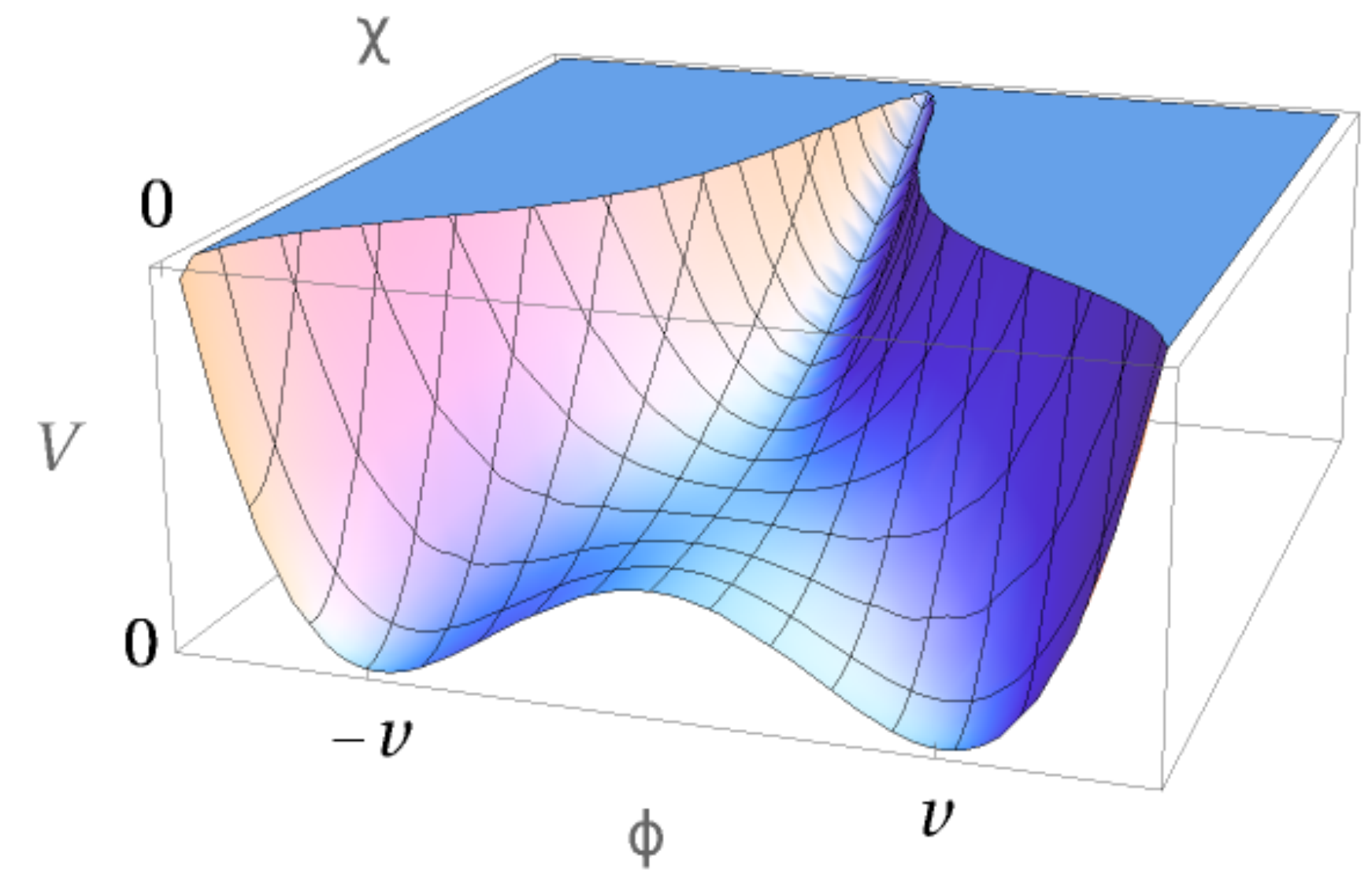
- Background $\phi_B = 0, \chi_B = A \cos(mt)$

- Fluctuations φ around ϕ_B , Eom.:

$$\square \varphi + (\lambda^2 A^2 - g^2 v^2) \varphi + \lambda^2 A^2 \cos(2mt) \varphi = 0, m_0^2 \equiv \lambda^2 A^2 - g^2 v^2$$

- Expand φ in momentum modes

$$\Rightarrow \ddot{\varphi}_k + (k^2 + m_0^2) \varphi_k + \lambda^2 A^2 \cos(2mt) \varphi_k = 0 \text{ (Mathieu equation)}$$



Stability of the Background

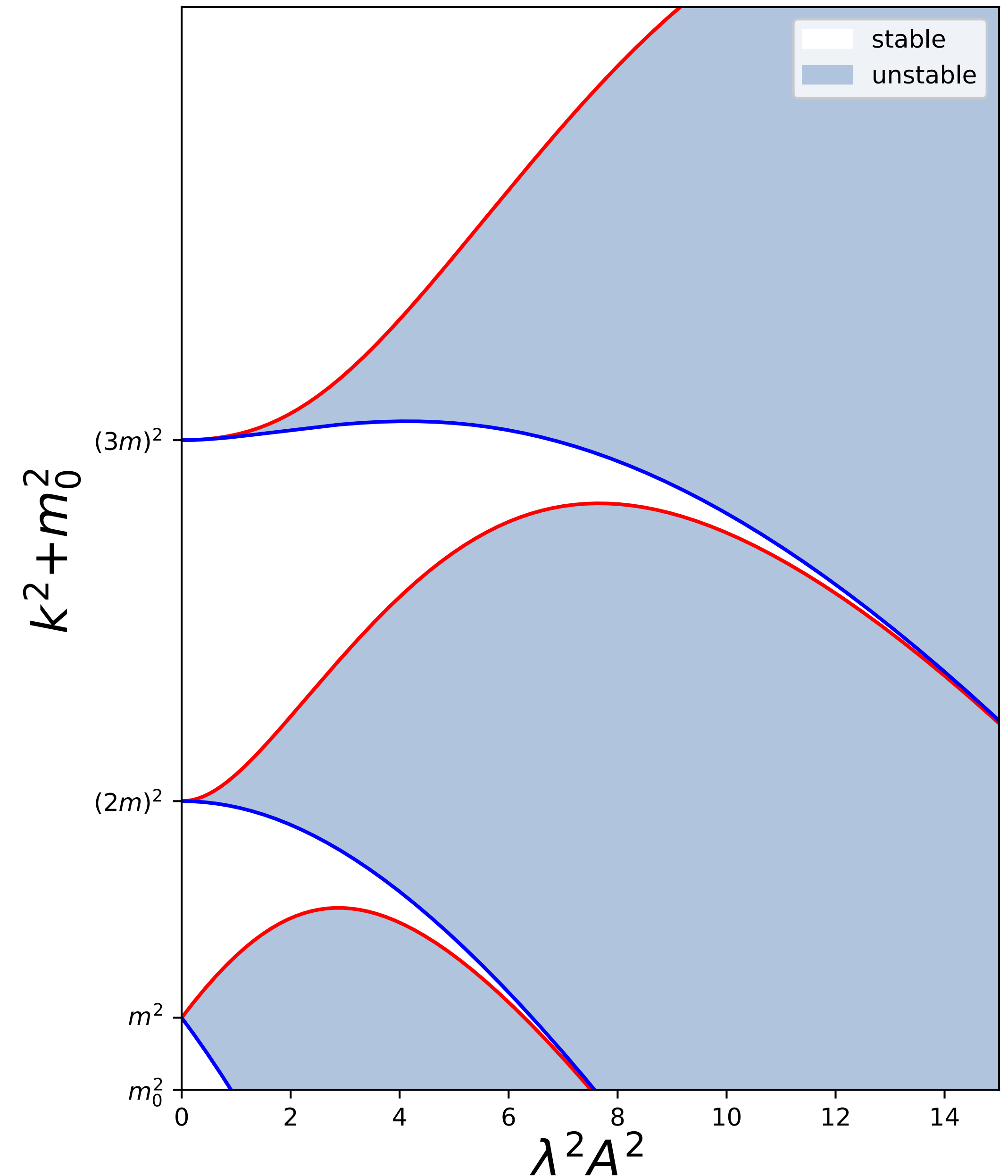
$$\ddot{\varphi}_k + (k^2 + m_0^2)\varphi_k + \lambda^2 A^2 \cos(2mt)\varphi_k = 0$$

- Parametric resonance at $k^2 + m_0^2 = (nm)^2$, $n \in \mathbb{N}$

- Stable solutions exist for $\frac{\lambda^2 A^2}{k^2 + m_0^2} \ll 1$

- For low momentum most modes are unstable

⇒ Stabilization of $\phi_B = 0$ not possible



Multi Field Approach

Adding symmetries

- Modify the potential: N copies of $\chi + SO(N)$ symmetry:

$$V = \frac{g^2}{4} (\phi^2 - v^2)^2 + \frac{m^2}{2} \sum_i^N \chi_i^2 + \lambda^2 \sum_i^N \phi^2 \chi_i^2$$

- Background $\phi_B = 0, \chi_{iB} = A \cos(mt + \theta_i), i = 1, \dots, N$
- $\phi \leftrightarrow$ *Master Mode*, $\chi_i \leftrightarrow$ *Memory Modes*, $\theta_i \leftrightarrow$ *Information*
- Eom. for momentum modes of φ :

$$\ddot{\varphi}_k + (k^2 + m_0^2)\varphi_k + \lambda^2 A^2 \sum_{i=1}^N \cos(2mt + 2\theta_i)\varphi_k = 0, m_0^2 \equiv N\lambda^2 A^2 - g^2 v^2$$

Multi Field Approach

Stabilization through Memory Burden

- Use: $\sum_{i=1}^N \cos(2mt + 2\theta_i) = N\delta \cos(2mt + \Theta)$, with $N^2\delta^2 = \sum_{i,j} \cos 2(\theta_i - \theta_j)$

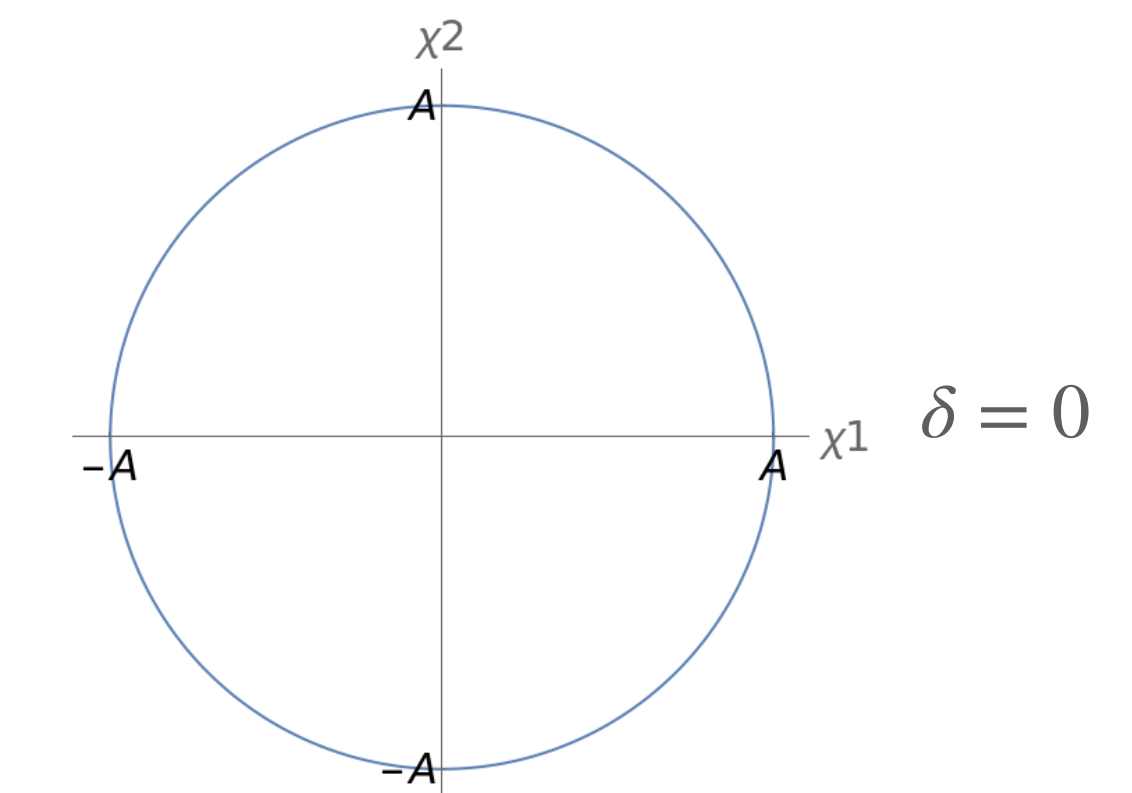
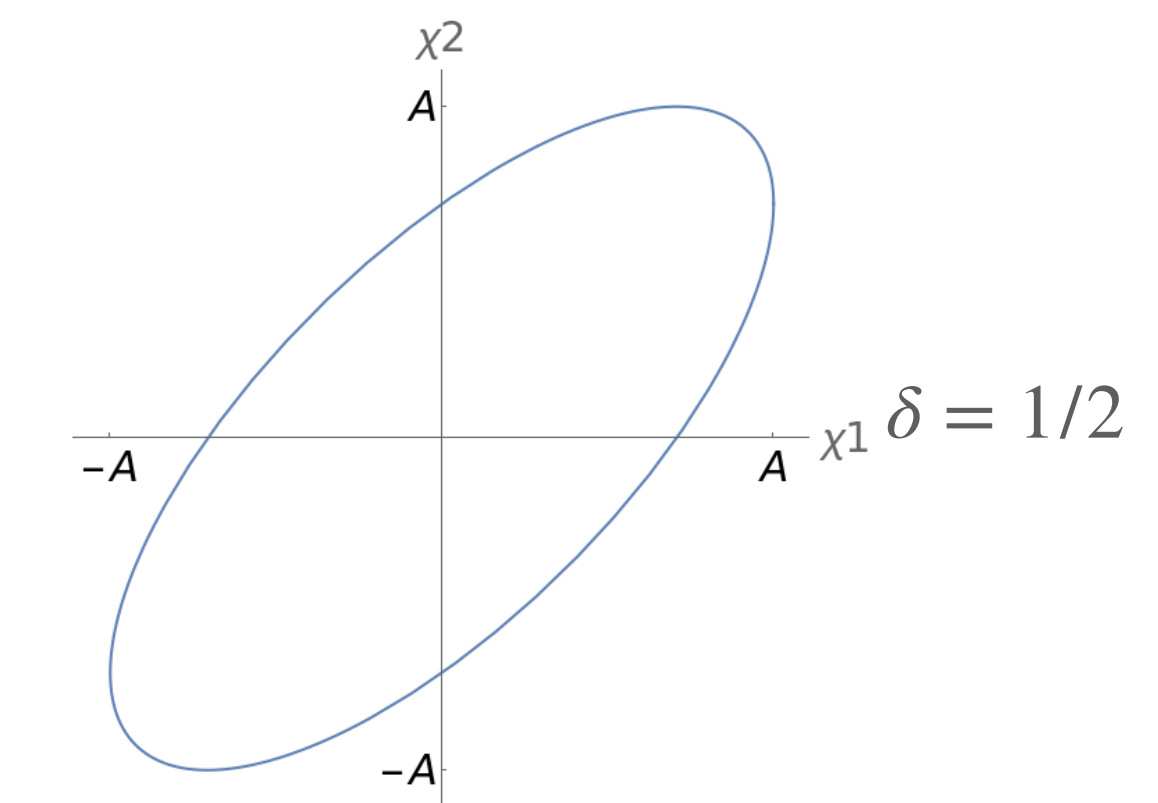
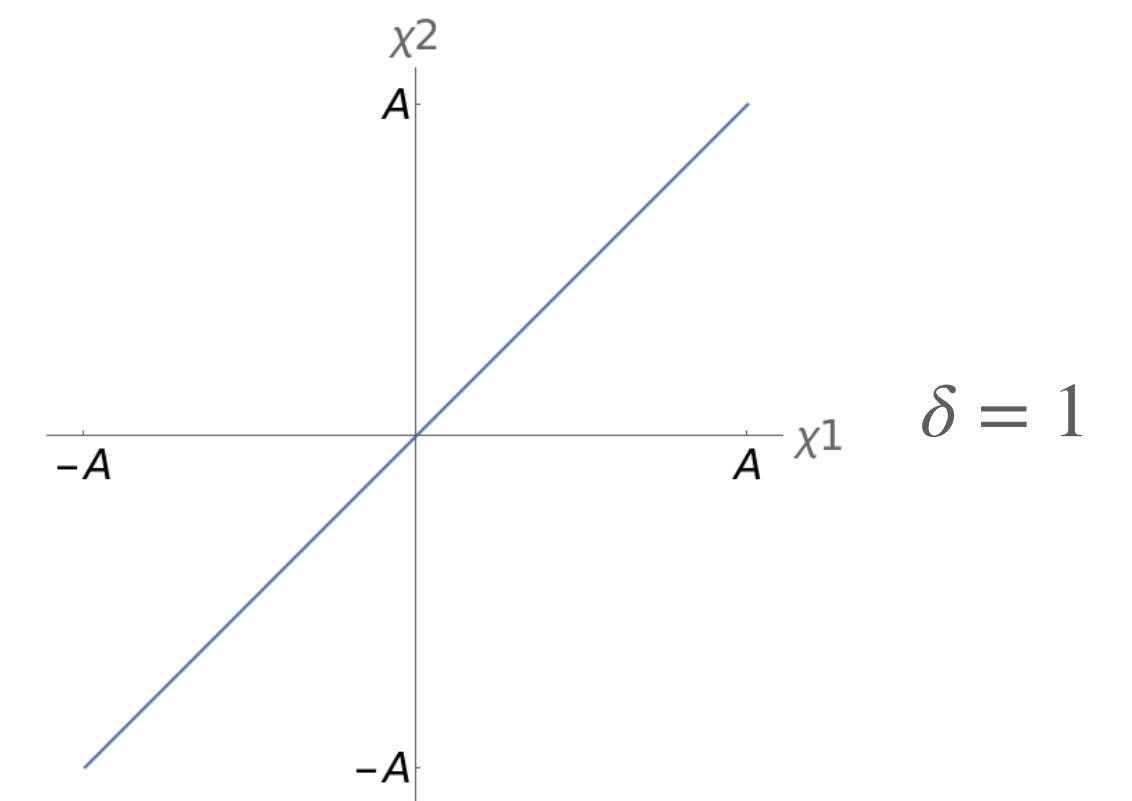
$$\Rightarrow \ddot{\phi}_k + (k^2 + m_0^2)\phi_k + \delta N\lambda^2 A^2 \cos(2mt + \Theta)\phi_k = 0$$

- δ quantifies *Memory Burden*, maximal burden for $\delta = 0$

\Rightarrow **Memory Burden causes suppression of oscillations**

\Rightarrow Low momentum modes can be stabilized

$\Rightarrow \phi_B = 0$ **metastable vacuum**



Double Scaling Limits

- Mathieu equation only valid to lowest order in perturbation theory
- Double scaling limit, minimize corrections from cross-interaction:
 $N \rightarrow \infty, \lambda^2 \rightarrow 0, N\lambda^2 \text{ const.}$

⇒ Corrections only in powers of $N\lambda^2$

- Minimize corrections from self-coupling: $v^2/m^2 \sim N, g^2 \sim 1/N$

⇒ No self-coupling for $N \rightarrow \infty$

- Memory Burden $\delta \sim 1/N$ for random phases

⇒ $\phi_B = 0$ **stable vacuum** for $N \rightarrow \infty$

Quantum Corrections

Dvali, Eisemann, 2022

- After double scaling, few contributions survive
- Effective description: Coleman-Weinberg term
 - Correction to the χ_i :

$$V_C(\chi_i) \simeq \frac{\lambda^4}{16\pi^2} \sum_{i,j} \chi_i^2 \chi_j^2 \left(\ln \left(\frac{2\lambda^2 \sum_i \chi_i^2 - g^2 v^2}{\mu^2} \right) + \frac{3}{2} \right)$$

- Correction to ϕ :

$$V_C(\phi) \simeq \frac{N\lambda^2 m^2}{16\pi^2} \phi^2 \left(\ln \left(\frac{m^2}{\mu^2} \right) + \frac{3}{2} \right)$$

- Suppress Corrections to guarantee stability

Parameter Regimes

Dvali, Eisemann, 2022

$$V_C(\chi_i) \simeq \frac{\lambda^4}{16\pi^2} \sum_{i,j} \chi_i^2 \chi_j^2 \left(\ln \left(\frac{2\lambda^2 \sum_i \chi_i^2 - g^2 v^2}{\mu^2} \right) + \frac{3}{2} \right) \quad V_C(\phi) \simeq \frac{N\lambda^2 m^2}{16\pi^2} \phi^2 \left(\ln \left(\frac{m^2}{\mu^2} \right) + \frac{3}{2} \right)$$

- Oscillations important for $\mu \sim m$
- Suppress cross-interactions of χ_i : $A^2 \sim g^2 v^2 / N\lambda^2$
- Suppress mass correction to ϕ : $\sqrt{N} \ll 1/\lambda$ and $m/gv \ll 1/\sqrt{N}\lambda$

Summary

- Memory Burden stabilizes systems in critical states
- Enhancing Locked inflation by N fields can cause Memory Burden
- Large N limit can completely stabilize the false vacuum